

# South Eugene High School

## NEWSLETTER

April 1, 2022

[Main Website](#) | [Calendar](#) | [Athletics](#) | [IHS](#) |  
[Instagram](#) | [Facebook](#)



### IMPORTANT UPCOMING DATES:

- April 6- Senior Information Night, 6pm via Zoom
- April 8- Early Release Schedule (Spring Fest)
- April 9- Prom at UO Ford Alumni Center, 8pm
- April 12 & 13- Musical Auditions for graduation
- April 13- *Matt & Ben* Play Opening Night
- April 15- No School (Professional & Planning Day)
- April 15- Last day to drop Tri 3 course without WD on transcript

### COUNSELING

**Spring Term Schedule Changes:** If your student is wanting to make a change to their Spring term schedule, please have them submit the T3 course correction form. We ask that they do not make an individual appointment for scheduling. The schedule change request form can be found on the [SEHS Scheduling/Forecasting Website](#) and will be opened until the first week of next trimester.

**Counselor Drop-In Opportunities:** Intended for quick questions that need immediate attention, no appointment necessary. Monday: 1st Period, Tuesday: 2nd Period, Wednesday: 3rd Period, Thursday: 4th Period, and Friday: 5th period.

**AP Exam Administration:** The details for the AP exams are coming together and Shantel will post times and locations on the [SEHS AP Website](#) very soon, so please check it frequently. The deadline to order an exam has now passed. If you are looking to cancel an exam please go to the above -mentioned website and complete the *Cancel AP Exam* form.

**Mid-year report:** If you discover that the colleges you applied to require a mid-year report on your behalf please stop by the counseling office and connect with Leann Hollenbeak.

**Junior Interview:** It's the goal of the counseling department to meet with each junior for an individual meeting. It's a chance to check their credits, review forecasting, and hear about post high school planning. They can ask individually based questions and get guidance on senior year and beyond. If your student has not scheduled this with their counselor they still can at this [site](#).

### COMMUNITY RESILIENCE FORUM

On April 14<sup>th</sup>, Lane County Public Health will host a [Community Resilience Forum](#) at the Hilyard Community Center from 6:30-7:30. At the forum we will have a panel of experts in grief, trauma, and suicide prevention share their perspectives on how community members can respond to and support

---

the needs of their families and loved ones. We will also discuss how people can get involved in proactive strategies to support community health and wellness in the future.

\*Spanish and ASL interpreters will be available on site.

\*The event will be recorded and can be viewed the following day on [preventionlane.org](http://preventionlane.org).

\*Child care will also be available.

Contact Roger Brubaker – Lane County Public Health Suicide Prevention Coordinator with any questions at [roger.brubaker@lanecountyor.gov](mailto:roger.brubaker@lanecountyor.gov).

## LIBRARY

The library is open for students! They can come to the library before and after school or during free periods and check out books in person, or reserve books using the [Online Catalog](#). The [Library Homepage](#) has many resources available for doing school work, including databases and useful links.

## NATIONAL HONOR SOCIETY

Application for membership to next year's NHS is available in the Career Center. The deadline for application submission is Friday, April 8, 2022 at 3:45 PM. Students must possess a strong GPA (3.6 or higher), strong leadership skills, and participate in volunteerism. If your student has questions, please have them contact Barb Keyworth, NHS Advisor, at [keyworth\\_b@4j.lane.edu](mailto:keyworth_b@4j.lane.edu)

## PARENT INVOLVEMENT

**Parent Council:** All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings. Meetings are being held in 2021-22 the third Monday of the month at 6:00pm and occur via Zoom at the moment and the link is [HERE](#). Feel free to join us for updates and topics of interest for parents, a chance to ask questions about school, sharing ideas for parent education events, staff appreciation and more.

**Site Council:** South Eugene's Site Council meets monthly. Our meetings are accessible via this [Link](#). Meetings are virtual and open to the public, and interpretation can be made available upon request.

**Friends of South: FOS is for parents first...not just alumni.** All parents and volunteers wishing to support South programs with fundraising are invited. Email [Dan.Ambrose@ambro.com](mailto:Dan.Ambrose@ambro.com) for a zoom invitation/link. Meetings are usually held the second Monday of each month. Please visit the [Friends of South website](#) to learn more.

## PROM 2022

Interested in assisting with Senior Events this spring? [Student Government](#) has a Google form where you can express your interest in coming activities! This isn't a commitment to any specific event, just an expression of your interest to help if possible. Prom is currently planned to take place at the Ford Alumni Center from 8pm to 11pm on Saturday, April 9th. Chaperone tasks will likely include helping with bag/coat check, monitoring exits, and enforcing the mask requirements.

***Volunteers should complete the Volunteer Application on the 4j website, send Proof of Vaccination and the signed Waiver of COVID Liability as soon as possible. Contact Kathy Ruggles, Volunteer Coordinator with volunteer questions. ([ruggles\\_k@4j.lane.edu](mailto:ruggles_k@4j.lane.edu)).***

 [PARENT Chaperone Interest Contact](#)

---

## SCHOOL TO CAREERS

### Employment Opportunities

Bounce Gymnastics and Circus Arts Center is looking for part time coaches for the following positions: Gymnastics Coach Lead and Coach in Training. **Summer Gymnastics Camp Coach will take place June 20- Sept 2, 2022.**

We are looking for energetic, outgoing, positive people to join our staff at our unique gymnastics, ninjazine and aerial arts school. Gymnastics and/or coaching experience is necessary. Full training will be available if you know gymnastics but have never coached before. Applicants must be at least 16 years old. Gymnastics coaching hours are after school and on the weekends. Spring Break and Summer Camp hours are Mon-Fri 8:30-1:00 or 12:30-5:30. Please email resumes and questions to [office@bouncegymnastics.com](mailto:office@bouncegymnastics.com) or drop off at Bounce Gymnastics and Circus Arts Center.

329 W. 3rd ave  
Eugene, OR 97401  
[www.bouncegymnastics.com](http://www.bouncegymnastics.com)  
541-343-4222

**Jerry's Home Improvement** is hiring at both Eugene and Springfield locations. Visit [this link](#) for a list of open positions, many are part time.

**Paid gym-supervisor, scorekeeper, and referee positions available** to assist with YMCA youth basketball. Applicants must be 14 years old, pass a background check and have proof of COVID vaccination. For more information email [youthsports@eugeneymca.org](mailto:youthsports@eugeneymca.org) or call 541.686.9622. Apply [HERE](#).

**YMCA Youth Basketball program** is hiring Coaches. Applicants must be 18 years of age, pass a criminal background check and present proof of full COVID vaccination. Required trainings in First Aid/CPR Certification and other trainings mandatory. Apply [HERE](#).

**UO Housing & Dining** have open part-time positions for high school students 16 years of age and older. Applicants must be fully vaccinated. Hours are flexible, and positions pay \$13.25 per hour. Students can apply by reaching out to the hiring team via email at [hofshire@uoregon.edu](mailto:hofshire@uoregon.edu) with an attached resume. They can also contact 541-346-4330, and they will be contacted in a timely manner.

**City of Eugene Rec Center:** Looking for a summer job? Eugene Rec is hiring! They are seeking for lifeguards and summer camp counselors who want to spend their summer in a high-energy environment working with children and keeping our three pools safe. Both our summer camp and lifeguarding openings provide younger workers with valuable skills, trainings and experience. Eugene Rec will provide all the necessary information about trainings when you apply. Learn more and apply today at [getrec.org/recjobs](http://getrec.org/recjobs)

## SUMMER OPPORTUNITIES

**Summer Programs in Oregon.** Many colleges and organizations in Oregon offer summer camps and programs. Learn something new, build your leadership skills, explore careers, and, of course, have fun! Visit each program's website for information on dates, rates, and application deadlines.

**Northwest Youth Corps** application window open for 2022 season. NWYC offers an education and job-training experience that includes residential conservation crews for both youth and young adults,

---

local community crews, an internship program for college-aged participants, a fully accredited high school, and a two-acre organic farm. [Apply](#).

## STUDENT VOLUNTEER OPPORTUNITIES

**[Friends of the Eugene Public Library Book Sale](#)**: Student volunteers needed to help with set up and sales at this annual fundraiser from 4/8-10 at the fairgrounds. [Sign up](#).

**[Reserve Firefighter Positions](#)**: Dexter Rural Fire Protection District seeking volunteers at least 18 y.o. interested in a career in firefighting/emergency medical services. No experience necessary. Applications and more information on *Volunteers Needed* link in [website](#).

## CAREER CENTER CHECK IN

**Lori Sauter, SEHS College and Career Center Coordinator**

Welcome! I'm eager to help with your post-high-school planning:

- Check out the *College and Career Center* web pages under *ACADEMICS* on South's [website](#) for a wealth of info.
- Read about upcoming events in this newsletter.
- And, of course, reach out to me. That's the best part of my job: [sauter\\_l@4j.lane.edu](mailto:sauter_l@4j.lane.edu), 541-790-8052 (msg only), 541-790-8011 (live only), Zoom, or drop by the career center (room 7) for a visit (students only right now).

## College and Program Virtual Visits:

<u>College/Program</u>	<u>Representative</u>	<u>Date</u>	<u>Time</u>
University of California-Santa Cruz	Brian Jauregui	Tue April 5, 2022	10:15 AM

## Scholarships:

- **Big Scholarship News!** [Oregon Legislature Passes SB 1522, Making Changes to Oregon Promise](#). Starting with the class of 2022, the minimum GPA requirement will be 2.0. The minimum award is now \$2,000. The \$50/term co-pay has been removed, and the first-year experience is no longer required to renew the grant.
- **Upcoming South-Supported Scholarships:** [Oregon Alliance of Black School Educators Scholarship](#) (4/3); [American Foreign Service Association for High School Students](#) (4/4); [Rotary Shaw Scholarship](#) (4/4); [Lane Electric Scholarships](#) (4/7); [Classroom Law Project – Ridgley Scholarship](#) (4/8); [Earl Hulstrom Masonic Lodge Scholarships](#) (4/8); [Paul Duong Memorial Scholarship Awards](#) (4/9); [Society of Women Engineers, Willamette Valley Section](#) (4/11); [Thru the Trees Video Contest](#) (4/15); [Gloria Barron Prize for Young Heroes](#) (4/15); [INCIGHT Scholarship for Students with Disabilities](#) (4/15); [Oregon Logging Conference Foundation](#) (4/15); [Verl and Dorothy Miller Native American Vocational Scholarship](#) (4/15); [Oregon State Friends of NRA Scholarships](#) (4/16); [AFT Robert G. Porter Scholars Program](#) (4/17); [Oregon Jaycee Foundation](#) (4/22); [AMVETS Children and Grandchildren and JROTC Scholarships](#) (4/29) [Promising Future Scholarship, Oregon Association of School Business Officials](#) (4/29); [Oregon Nurseries Scholarship](#) (4/30).
- **This Week's Featured Scholarships:**

---

o The [Earl Hulstrom Masonic Lodge Scholarships](#) offer ten \$1,500 to Eugene-area students attending a tax-supported post-secondary educational institution in Oregon. Minimum 3.0 GPA. Submit a brief bio with goals, two reasons why you should receive this scholarship, transcript, and application. Requires submission of page 1 of your Student Aid Report (SAR) - information can be found in your FAFSA account. Email applications to [sauter\\_l@4j.lane.edu](mailto:sauter_l@4j.lane.edu). If chosen to represent SEHS, candidates will submit two reference letters. Due 4/8.

o The [Classroom Law Project's Ridgley Scholarship](#) awards up to \$10,000 (disbursed over 4 years) to an Oregon senior that has participated in a civic education/engagement activity, project, program within a classroom, or extracurricular activity. Examples of these activities include (but are not limited to): Mock Trial, We the People (Con Team), Project Citizen, Law Day, Courthouse Experience Tours, and Current Events. Successful applicants will demonstrate financial need, have a strong academic background, and plan to attend a college or university in the fall. Applicants will submit a brief application and essay. Due 4/8.

o The [INCIGHT Scholarship for Students with Disabilities](#) offers multiple awards to students with disabilities residing in Oregon, California, and Washington. Eligible students may receive social security benefits covered by the ADA or have a disability classified by the DSM-V. Students whose disability falls under IDEA, or qualifies them for an IEP or 504 plan are also eligible. Financial need is not considered. Grades are taken into account but are not a deciding factor. Due 4/15.

- Some scholarship/award opportunities are open to more than just seniors. Check out our [Scholarships](#) web page for more information. If you need a recommendation from a counselor for your application, please fill out the scholarship form in the counseling center. And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

### Career Center Current Events:

#### I GOT INTO COLLEGE! NOW WHAT??

[How to compare financial aid offers](#), *Oregon Goes to College* web article

[Compare Costs and Financial Aid](#), *Oregon Goes to College* tool. This Google Doc allows students to use their financial aid offers from colleges to compare the final out-of-pocket cost for one year.

[The College that Just Sent an Acceptance Letter WANTS You to Ask for a Better Price](#), *TuitionFit* blog post, 2/13/22

[Financial Aid Appeal Request Template](#), *formswift.com*. A free template to write an appeal letter for financial aid offers.

[#CorrectMyPell](#), *bottomline.org*. Some families who received unemployment insurance benefits in 2020 are receiving financial aid awards that do not include all of the free Pell Grant money that the

---

federal government has allocated for their students. Bottom Line offers some language to use on the SwiftStudent appeal template listed above.

**[The 10 Most Important Pre-college Conversations Parents Should Have With Their Children.](#)**

Post by [Andrea Malkin-Brenner](#) in the spring 2022 issue of LINK for Counselors. I recommend you begin these conversations before your student starts college but also keep referring to them throughout their time in college. Students' thoughts on these topics will develop as they experience college for themselves.

**[Why the Major Matters, Especially for Non-Wealthy Students: Tools for Your Toolbox](#)**, article by Carolyn Kost in *LINK for Counselors*, spring 2022

**[UO Duck Days](#)**. Seniors who are admitted to the UO are invited to sign up for Duck Days, the UO's spring campus visit program. This is a good way to learn more about the school to help you with your final decision or to orient yourself in preparation for starting at the school next fall.

**NOW: [Alaska Airlines Launches New Flight Academy in Oregon](#)**. 3/9/22 article in *The Oregonian/Oregon Live* by Jamie Goldberg. The academy will offer low-interest flight school loans, cover the cost of a commercial pilot license, then give the new pilots a job upon completing the program.

**4/4:** Registration opens for the **[UO's SAIL program](#)**. Free, week-long day and residential programs on the UO campus, where high schoolers learn about various subjects from faculty members through fun activities and get insider info on admissions and financial aid. SAIL sessions will take place 8/1-5 or 8/8-12. Admission preference given to students belonging to groups that are traditionally underrepresented in college or who face barriers to college attendance. Si necesita información en español, envíenos un correo electrónico a [sailstaff@uoregon.edu](mailto:sailstaff@uoregon.edu).

**4/8-4/10: 2022 [Friends of Eugene Public Library Annual Book Sale](#)**. Judy Reyneke and Rebecca Shehee, volunteer coordinators, are seeking high schoolers to volunteer for set up (4/8) and sale (4/9-10) dates. [Sign up](#) to volunteer. [booksalevolunteer@gmail.com](mailto:booksalevolunteer@gmail.com) for more information.

**4/10: [Own It \(Virtual\) Conference](#)**. 10 am-2 pm via Zoom. Hosted by UC Davis Women in Business, this free leadership conference aims to encourage young women and nonbinary people to learn from career role models, cultivate new skills, and network with their peers. [Register](#).

**4/13:** Final **[Working Wednesdays & Thursday Workshops](#)**. Series of short webinars and accompanying workshops designed to help you think about and build the kind of professional skills you will need as you enter the workforce. Includes discussions of professionalism, cover letter writing, resume building, and interviewing. [Register](#).

**4/13: [Connected Lane County's Hiring Fair '22](#)**. 5 pm deadline to [register](#)



---

**4/15: [2022 Raices Unidas Youth Conference](#)** from 12-2:00 pm. Free 2-hour virtual event for Oregon Latinx high-schoolers that will include a keynote speaker, first-generation student panel, and a political call to action. Theme: *Tu Eres Tu Fuego*. Conference will address healing and perseverance after the trauma, loss, and fear brought on by the COVID-19 pandemic. [Registration](#) closes 4/14 at 7 am.

**4/21: [Preparing for Life After High School](#)**, a webinar hosted by the ECMC Group for juniors, sophomores, and freshmen that focuses on options students have to create their lives after high school, including college, Career and Technical Education (CTE), entering the trades, and other options. Takes place at 6 pm. [Register](#).

**4/21: [Hiring Fair '22](#)**. 9 am-3:30 pm at SparkLab, located across from the Hult Center. Connected Lane County's Hiring Fair connects Lane County graduating high school seniors and WIOA youth with local businesses looking to fill entry-level positions. Participants strongly encouraged to join a series of career-readiness webinars and workshops from 3/2-4/14 before attending fair. [Register](#) for career-readiness series. [Register](#) for hiring fair.

**4/24: [Spring College Fair](#)**, 10 am-12 pm. Free and open to the public, this PNACAC fair will take place at the [Chiles Center, located at the University of Portland](#). Students should register in advance with [StriveScan](#).