

South Eugene High School

NEWSLETTER

Nov. 19, 2021

[Main Website](#) | [Calendar](#) | [Athletics](#) | [IHS](#) |
[Instagram](#) | [Facebook](#)



SEHS Families,

The South Eugene High School Newsletter will be emailed at least every other week on Friday. Our goal is to make sure that all families have access to news, events, and opportunities at South.

CAP & GOWN ORDERS

The time to order your graduation gown and senior gear is here! Please visit minersgrad.com to place your order by no later than **Friday, November 19**.

Please email Kimberly Mejia, mejia_k@4j.lane.edu, only if you need to borrow a cap and/or gown due to financial hardship or if you already have a cap and gown to use for graduation. **Please do not email if you have placed your order already.**

For more info, visit the [Graduation webpage](#).

PERFORMANCES IN NOVEMBER AT SOUTH

We're delighted to share that our Performing Arts department is able to present live performances for audiences in our auditorium this year. Orchestra and String Ensemble presented wonderful music on Nov. 9 in the first live performance in over a year and a half. We have upcoming performances for attendees to enjoy.

South Eugene Theater presents Jane Austen's *Pride and Prejudice*. Nov. 19 and 20 at 7PM and Nov. 21 at 2PM. Information about performances and tickets can be found [HERE](#).

South Eugene's Band and Choir performance is scheduled for Tuesday, Nov. 23 at 6:30PM in the Auditorium. All are welcome!

WINTER FOOD DRIVE

SEHS Student Government is putting on a canless winter food drive to fill our school food pantry for the coming winter months, and we would love your help!

Our drive is taking place the week of Dec. 8th through Dec. 14th and we will be accepting any canless food items: snacks, breakfast items, packaged lunch items, cereal, crackers, cup of noodles, mac and cheese, cookies.

For more information or to make a monetary donation, please visit our [Student Government website](#). Thank you!
Go Axe!

FREE AT-HOME COVID-19 TESTING

Due to the no-school-days next week for the Thanksgiving holiday, there will be no COVID-19 Screening Testing pick-up on Nov. 25th or drop off on Nov. 26th..

To support students wanting to test before the holiday, 4J School District offices at 200 N. Monroe St will have a sample drop box set-up between 8:30am-4:30pm on Tuesday, Nov. 23rd. Testing will resume the following week with normal drop-off at school (Thursdays and Fridays).

CLASS SCHEDULES

Class schedules are viewable in [StudentVUE/ParentVUE](#).

The Course Correction Form for Trimester 2 is available now on the [Scheduling website](#). Students will be able to access the form using their 4j email. Access will not be granted to non-4j emails. Trimester 3 forms will be available in February. Students wanting to discuss future trimesters or graduation requirements should go to regular Counseling Center drop-in times or during drop-in times on December 1st, 2nd or 3rd. Contact the Counseling Center for detailed times, 541-790-8013, or visit their webpage [HERE](#).

ATTENDANCE

Excusing an absence: Parents or guardians should email the attendance office at dialsehs@4j.lane.edu or call the attendance line at [541-790-8008](tel:541-790-8008) to have the absence excused. **Requests to excuse absences must be received within 48 hours.**

Leaving campus: Parents or guardians should make arrangements with their student when leaving school early (e.g., doctor's appointment). Parents/Guardians should call the attendance office to excuse the absence and the student must inform their teacher of the early departure.

Prearranged Absences: Absences for religious or cultural purpose including observance of a religious or cultural holiday or participation in religious or cultural instruction; and post-secondary, technical school or apprenticeship program visitation or scholarship interview may be excused if a [Prearranged Absence Form](#) has been submitted and approved. *Vacations are not customarily considered as excused absences.*

SENIORS

Counselor Newsletter: Senior year is very exciting, but also very busy. To help students in their final year of high school the counseling department has created a newsletter to help you along. The counselors will continue to add valuable information as the year goes on. Counselor Newsletter: [Welcome to Senior Year!](#)

Senior Interview: Have you scheduled your Senior interview? If not, now is the time. This is an opportunity to review the Senior checklist, discuss post high school plans, and learn about the college application process. For scheduling, please use this [counseling appointment link](#) or scan the QR code in the Counseling Office. [Senior Year Info web page](#)

Counselor Drop-In Opportunities: Intended for quick questions that need immediate attention, no appointment necessary. Monday: 1st Period Tuesday: 2nd Wednesday: 3rd Thursday: 4th Friday: 5th

YEARBOOK

To order a yearbook, and/or to order and build a Senior Recognition Ad go to [South's Jostens online purchasing link](#), and scroll down for purchasing options. Students approved for free/reduced lunch may purchase a reduced price yearbook (\$40) on [SchoolPay](#). Proof of eligibility status must be turned in to the SEHS Finance Office to finalize these purchases. The discounted purchases are available through January 31.

BLACK STUDENT MAGAZINE

Join Black middle and high school students from across Oregon in creating the next edition of Black Student Magazine for FREE! This fall students have an opportunity to gather weekly on Wednesdays via Zoom to celebrate Black culture and make new friends statewide while improving your writing and multimedia skills.

Click [HERE](#) to register. For more information click [HERE](#) or contact Jael Calloway, Editor jaelcalloway6@gmail.com.

LIBRARY

The library is open for students! They can come to the library before and after school or during free periods and check out books in person, or reserve books using the [Online Catalog](#). The [Library Homepage](#) has many resources available for doing school work, including databases and useful links.

ERGON CROSS CULTURAL EXCHANGE PROGRAM

Welcome an Italian student into your home; your child is invited to Italy and Ergon sponsors the flight! As a family you will have the enriching and fun experience of hosting a 16-17-year-old Italian student for the 2022-23 school year, for either half or all the school year. The Ergon program ensures a unique cross-cultural opportunity: the Italian families offer your son/daughter a direct exposure to Italian culture through an all-expenses paid vacation in Italy in the summer after the visit, and Ergon sponsors the flight!

Ergon has had many South host families who shared their homes with an Italian student; many of those visits have turned into long-term friendships for themselves and their children. To learn more, please email Eugene Coordinator at kobrien334@comcast.net. You may also visit our website at www.ergon-se.org.

A NOTE ABOUT ILLNESS & STATE & LOCAL GUIDANCE FOR COVID SYMPTOMS

Primary symptoms of COVID: cough, temp >100.4, chills, shortness of breath, difficulty breathing, new loss of taste or smell.

Secondary symptoms of COVID: fatigue, muscle or body aches, headache, sore throat, nasal congestion, runny nose, nausea or vomiting, diarrhea.

There is specific guidance from the state (Oregon Health Authority and Oregon Department of Education) and Lane County Public Health this year in terms of illness and when students are allowed to return to school. A summary can be found in the Covid Exclusion guidance link below.

If your child has any of the primary symptoms listed above, please notify the school and keep your child home. Your student will need to get a COVID test from a lab (rapid or PCR are both accepted by 4; PCR is best practice if your child has primary symptoms). Please notify the school once the results of the COVID test are in. *Please note, home tests of any kind are not accepted in these instances.

- If the test is negative, your student may return once you have spoken to the school to report results and symptoms are mostly resolved and fever free for 24 hours without use of fever-reducing medications.
- If the test is positive, please notify the school and the nurse or principal will follow up with you as to your child's return to school date.
- If you choose not to do a COVID test, your child will need to stay home for 10 days from the start of the primary symptoms. Please notify the school and the nurse will follow up with you as to your child's return to school date.

If your student has secondary Covid symptoms, please notify the school and keep your student home until symptoms are mostly resolved. We are following the usual Symptom Based Exclusion Guidelines for Secondary

Symptoms (see p12 of link below). If symptoms change and develop into primary, please follow the above guidance.

Bottom line, if your student stays home sick or goes home from school sick, please have confirmation from the school that your student is ok to return before bringing them to school. Thank you for helping keep our community safe and healthy!

Link to find [Testing Centers](#). Link to [Covid Exclusion Guidance](#). Link to [Symptom based Exclusion Guideline](#) (p.12).

4J COVID-19 HEALTH AND SAFETY PROTOCOLS 2021-22

Please take a moment to view the video linked below for information on 4J Covid-19 Health and Safety Protocols.

English: [4J COVID-19 Health and Safety Protocols 2021-22](#)

Spanish: [4J COVID-19 Protocolos de salud y seguridad 2021-22](#)

PARENT INVOLVEMENT

Parent Council: All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings. Meetings are being held in 2021-22 the third Monday of the month at 6:00pm and occur via Zoom at the moment. Our next meeting is coming up Monday, November 15. Interested parents can contact Carey Killen at killen_c@4j.lane.edu.

Site Council: South Eugene's Site Council meets monthly. In 2021-22 we will be meeting the third Tuesday of each month from 4:00-5:00 and the meeting is accessible via this [link](#). Meetings are virtual this fall and open to the public, and interpretation can be made available upon request.

Friends of South- FOS is for parents first...not just alumni. All parents and volunteers wishing to support South programs with fundraising are invited. Email Dan.Ambrose@ambro.com for a zoom invitation/link. Meetings are usually held the second Monday of each month. Please visit the [Friends of South website](#) to learn more.

SCHOOL TO CAREERS

Employment Opportunity

JOB FAIR at Albertson's and Safeway!!! December 4, 2021, 11 am to 3 pm: All store locations will hold a Job Fair for potential employees to interview. **Apply online at www.safeway.com/careers or www.albertsons.com/careers.** Flexible work schedules, employee discounts, health and wellness benefits are some of the opportunities offered.

UO Housing & Dining have open part-time positions for high school students 16 years of age and older. Applicants must be fully vaccinated. Hours are flexible, and positions pay \$13.25 per hour. Students can apply by reaching out to the hiring team via email at houshire@uoregon.edu with an attached resume. They can also contact 541-346-4330, and they will be contacted in a timely manner.

Junior and Senior students, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at ruggles_k@4j.lane.edu for more information.

STUDENT VOLUNTEER OPPORTUNITY

Reserve Firefighter Positions: Dexter Rural Fire Protection District seeking volunteers at least 18 y.o. interested in a career in firefighting/emergency medical services. No experience necessary. Applications and more information on *Volunteers Needed* link in [website](#).

Upstart Crow Youth Theatre seeking student volunteers to help with set crew, ushering, loading props and costumes, etc. for its presentation of *Rudolph the Red Nosed Reindeer Junior*. Play will take place in the Downtown Eugene Park Blocks on December 11, 12, 18, and 19 at 2 pm. Theater experience not required. Fill out this [form](#) with your interest/availability for show dates, and list an email address that you check frequently. Questions? Email info@upstartcrowstudios.org or call 541-688-8260 Monday-Friday from 3-7pm.

CAREER CENTER CHECK IN

Lori Sauter, SEHS College and Career Center Coordinator

Welcome! I'm eager to help with your post-high-school planning:

- Check out the *College and Career Center* web pages under *ACADEMICS* on South's [website](#) for a wealth of info.
- Read about upcoming events in this newsletter.
- And, of course, reach out to me. That's the best part of my job: sauter_l@4j.lane.edu, 541-790-8052 (live+msg), 541-790-8011 (live only), Zoom, or drop by the career center (room 7) for a visit (students only right now).

College and Program Virtual Visits:

<u>College/Program</u>	<u>Representative</u>	<u>Date</u>	<u>Time</u>
University of Idaho	Carson Poertner	Tue November 23, 2021	10:15 AM

- For virtual-visit links, log into [Naviance Student](#) - *Colleges - College Visits - Virtual Visit Link*.
- Can't log in to your Naviance Student account? Email Lori Sauter (sauter_l@4j.lane.edu) for help.
- Confirm with your teacher that it will work for you to be absent for 30-40 minutes.
- I invite you to attend virtual visits with your laptop (and earbuds if you have them) in the Career Center. I'll arrange for your classroom absence to be excused.
- Check out South's [College/Program Visits and Fairs](#) page for more information about visits and upcoming fairs.

Scholarships:

- **Upcoming South-Supported Scholarships:** [WTS Portland Shelley Holly Transportation YOU Scholarship](#) (11/21); [Congress-Bundestag Youth Exchange \(CBYX\) Scholarship](#) (12/1); [National Honor Society](#) (12/1); [Generation Google](#) (12/10); [Oregon Opportunity Grant](#) (No firm deadline but funds are first-come, first-served. Apply now via FAFSA); [LEDA Scholarship Program](#) (12/14)); [Foot Locker Scholar Athletes](#) (12/17); [Equitable Excellence Scholarship](#) (12/17).
- **This Week's Featured Scholarship:**
 - o The [Oregon Opportunity Grant \(OOG\)](#) is Oregon's largest state-funded, need-based grant program for students attending college at an Oregon school. Approximately 40,000 students receive Opportunity Grants each year. Awards range from \$2,778/year for students attending community college, to \$3,612/year for students attending four-year college. Apply by filing the FAFSA as soon as possible after October 1. There is no firm application deadline because grants are awarded until funds are exhausted.

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- o The [Congress-Bundestag Youth Exchange \(CBYX\) Scholarship](#) is a study-abroad scholarship for motivated high-school students to spend a year in Germany sponsored by the U.S. Department of State. Recipients live with a German host family and study at a German high school. Scholarship covers pre-departure training in the U.S. and orientation programs in Germany; meetings with government officials; cultural excursions to the German Bundestag and select German cities; and supplementary language lessons. No prior knowledge of German required. Requires minimum 2.5 GPA. Must be U.S. citizen. Apply by 12/1.
 - Check out our [Scholarships](#) web page for more information. If you need a recommendation from a counselor for your application, please fill out this [form](#). And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

Career Center Current Events:

NOW: [College Costs Are Notoriously Opaque. Use These Tools to See How Much You'll Pay Before Applying](#), article in *Money* by Kaitlin Mulhere, updated November 19, 2020.

NOW: [Will that college degree pay off? A look at the numbers](#), article in *The Hechinger Report* by Jon Marcus, published November 1, 2021.

NOW: Seniors, get your ducks in a row with the [Senior Planning Timeline 2021-2](#), located within the [Senior Year Info, Class of 2022](#) pages.

NOW: **Proofreading assistance for college- and scholarship-application essays** now available through the College & Career Center. Email Lori Sauter (sauter_l@4j.lane.edu) and include in the email the (1) essay, (2) exact prompt or question your essay is addressing, (3) required word count maximum, and (4) date you need the essay returned to you in order to edit and submit it in time. Also include (5) whether you prefer to have one person look at your essay (less confusing when you're dealing with only one person's advice) or two people look at it (different people see different things in an essay, so two people would give you more things to think about).

NOW: The [PASSLane Industrial Trades](#) program is now open for [registration](#). This free evening program at LCC guides students to explore and prepare for work in one of the construction trades. [2022 class schedule](#). Register by 12/22 for winter term, which begins 1/3/22.

11/19: Deadline for [ordering caps/gowns, grad announcements, and other grad gear](#). (Scroll down the linked page for instructions.)

11/21: [National Portfolio Day \(Online\)](#) from 10 am-2 pm PST. Be inspired, gain advice on how to improve or present your portfolio, and experience a small taste of what it's like to attend a professional art or design program. [RVSP](#)

12/1: Information session for Latinx students from Oregon and Southwest Washington re: scholarship program sponsored by the [Hispanic Metropolitan Chamber](#). Begins @ 12 pm via this [link](#). For more info, contact Nicole León (nleon@hmccoregon.com).

12/2: Workshop 3 in the [Davis Women in Business Workshop Series](#). Titled *Professionalism and Networking*. 7-7:45 pm. Eight workshops have been being offered over the course of six months via Zoom that are focused on business-centric topics--professionalism, career exploration, interview prep, resume 101, etc. [Register](#). Join [Facebook group](#) for the series. [Zoom link](#). Zoom Meeting ID: 980 5084 3993.

12/7: Information session for Latinx students from Oregon and Southwest Washington re: scholarship program sponsored by the [Hispanic Metropolitan Chamber](#). Begins @ 4:30 pm via this [link](#). For more info, contact Nicole León (nleon@hmccoregon.com).

12/11: [Pacific Northwest College of Art's In-Person Portfolio Day + Open House](#) from 11 am-3 pm on the PNCA Campus: 511 NW Broadway, Portland. Meet faculty, learn about their programs, and gain a better understanding of what PNCA has to offer. Plus, get the inside line with admissions tips and expert portfolio advice. [RSVP](#)

12/17: Information session for Latinx students from Oregon and Southwest Washington re: scholarship program sponsored by the [Hispanic Metropolitan Chamber](#). Begins @ 12 pm via this [link](#). For more info, contact Nicole León (nleon@hmccoregon.com).