

*South Eugene High School*

# NEWSLETTER

Dec. 3, 2021

[Main Website](#) | [Calendar](#) | [Athletics](#) | [IHS](#) |  
[Instagram](#) | [Facebook](#)



## **REMINDER: NO SCHOOL ON MONDAY, DEC. 6 AND TUESDAY, DEC. 7**

### **CLASS SCHEDULES**

Class schedules are viewable in [StudentVUE/ParentVUE](#).

**The Course Correction Form for Trimester 2 is available now on the [Scheduling website](#).** Students will be able to access the form using their 4j email. Access will not be granted to non-4j emails. Trimester 3 forms will be available in February. Students wanting to discuss future trimesters or graduation requirements should go to regular Counseling Center drop-in times or during drop-in times on December 1st, 2nd or 3rd. Contact the Counseling Center for detailed times, 541-790-8013, or visit their webpage [HERE](#).

### **WINTER FOOD DRIVE**

SEHS Student Government is putting on a canless winter food drive to fill our school food pantry for the coming winter months, and we would love your help!

**Our drive will take place Dec. 8th - Dec. 14th.** Items we will gladly accept: snacks, breakfast items, packaged lunch items, cereal, crackers, cup of noodles, mac and cheese, cookies. For more information or to make a monetary donation, please visit our [Student Government website](#). Thank you!

### **SENIOR PHOTO & QUOTE DEADLINE- Today**

**Seniors, Friday, Dec. 3. is the deadline to submit a senior quote and/or a portrait by an outside photographer.**

For more information, see the [Senior Photo Specifications](#).

When you are ready to submit your photo and/or quote, go to [this online form](#). Parents and photographers can also use this link to submit photos for students.

### **PERFORMANCES**

**South Eugene Theater** presents *Beautiful Thing*, written by Jonathan Harvey and directed by senior Audrey McCarthy.

*Beautiful Thing* will run Dec. 3rd, 4th, 9th, 10th, and 11th at 7:00PM in the South Eugene High School Little Theater. Tickets are \$7 for students and seniors, \$10 for adults. Tickets may be purchased online at [southeugenetheater.org](#) or at the box office a half hour before the show. For further information, email [southeugenetheater@gmail.com](mailto:southeugenetheater@gmail.com).

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## ATTENDANCE

**Excusing an absence:** Parents or guardians should email the attendance office at [dialsehs@4j.lane.edu](mailto:dialsehs@4j.lane.edu) or call the attendance line at 541-790-8008 to have the absence excused. **Requests to excuse absences must be received within 48 hours.**

**Leaving campus:** Parents or guardians should make arrangements with their student when leaving school early (e.g., doctor's appointment). Parents/Guardians should call the attendance office to excuse the absence and the student must inform their teacher of the early departure.

**Prearranged Absences:** Absences for religious or cultural purpose including observance of a religious or cultural holiday or participation in religious or cultural instruction; and post-secondary, technical school or apprenticeship program visitation or scholarship interview may be excused if a [Prearranged Absence Form](#) has been submitted and approved. *Vacations are not customarily considered as excused absences.*

## SENIORS

**Counselor Newsletter:** Senior year is very exciting, but also very busy. To help students in their final year of high school the counseling department has created a newsletter to help you along. The counselors will continue to add valuable information as the year goes on. Counselor Newsletter: [Welcome to Senior Year!](#)

**Senior Interview:** Have you scheduled your Senior interview? If not, now is the time. This is an opportunity to review the Senior checklist, discuss post high school plans, and learn about the college application process. For scheduling, please use this [counseling appointment link](#) or scan the QR code in the Counseling Office. [Senior Year Info web page](#)

**Counselor Drop-In Opportunities:** Intended for quick questions that need immediate attention, no appointment necessary. Monday: 1st Period, Tuesday: 2nd Period, Wednesday: 3rd Period, Thursday: 4th Period, and Friday: 5th period.

## LIBRARY

The library is open for students! They can come to the library before and after school or during free periods and check out books in person, or reserve books using the [Online Catalog](#). The [Library Homepage](#) has many resources available for doing school work, including databases and useful links.

## PARENT WEBINAR

South Eugene High School invites families to the presentation: "Supporting Students and Families Experiencing Anxiety" with Rebecca Pang. **Please join us on Wednesday, December 8th 2021 from 6:00-7:00 PM.**

Rebecca Pang is a School Counselor on the 4j Social Work Team. Rebecca has worked in 4J in the South Region for the past 5 years as a school counselor at Edgewood and Charlemagne Elementary schools and the previous 10 years in student services and mental health. She believes that a student is most successful when the entire family is supported by the school. Rebecca is dedicated to creating safe and equitable services that are easily accessed by all students and families.

This live webinar will be recorded and the video link will be available on the SEHS website.

[Join Zoom Webinar](#)

Passcode: 519434

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## A NOTE ABOUT ILLNESS & STATE & LOCAL GUIDANCE FOR COVID SYMPTOMS

**Primary symptoms of COVID:** cough, temp >100.4, chills, shortness of breath, difficulty breathing, new loss of taste or smell.

**Secondary symptoms of COVID:** fatigue, muscle or body aches, headache, sore throat, nasal congestion, runny nose, nausea or vomiting, diarrhea.

There is specific guidance from the state (Oregon Health Authority and Oregon Department of Education) and Lane County Public Health this year in terms of illness and when students are allowed to return to school. A summary can be found in the Covid Exclusion guidance link below.

If your child has any of the primary symptoms listed above, please notify the school and keep your child home. Your student will need to get a COVID test from a lab (rapid or PCR are both accepted by 4!; PCR is best practice if your child has primary symptoms). Please notify the school once the results of the COVID test are in. \*Please note, home tests of any kind are not accepted in these instances.

- If the test is negative, your student may return once you have spoken to the school to report results and symptoms are mostly resolved and fever free for 24 hours without use of fever-reducing medications.
- If the test is positive, please notify the school and the nurse or principal will follow up with you as to your child's return to school date.
- If you choose not to do a COVID test, your child will need to stay home for 10 days from the start of the primary symptoms. Please notify the school and the nurse will follow up with you as to your child's return to school date.

If your student has secondary Covid symptoms, please notify the school and keep your student home until symptoms are mostly resolved. We are following the usual Symptom Based Exclusion Guidelines for Secondary Symptoms (see p12 of link below). If symptoms change and develop into primary, please follow the above guidance.

Bottom line, if your student stays home sick or goes home from school sick, please have confirmation from the school that your student is ok to return before bringing them to school. Thank you for helping keep our community safe and healthy!

Link to find [Testing Centers](#). Link to [Covid Exclusion Guidance](#). Link to [Symptom based Exclusion Guideline](#) (p.12).

## PARENT INVOLVEMENT

**Parent Council:** All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings. Meetings are being held in 2021-22 the third Monday of the month at 6:00pm and occur via Zoom at the moment and the link is [HERE](#). Since December only has two Mondays prior to Winter Break, our next meeting will be Monday, December 13. Feel free to join us for updates and topics of interest for parents, a chance to ask questions about school, sharing ideas for parent education events, staff appreciation and more.

**Site Council:** South Eugene's Site Council meets monthly. **Please note this change:** In 2021-22 we will be meeting the second Wednesday of each month from 4:00-5:00 and the meeting is accessible via this [link](#). Meetings are virtual this fall and open to the public, and interpretation can be made available upon request.

**Friends of South- FOS is for parents first...not just alumni.** All parents and volunteers wishing to support South programs with fundraising are invited. Email [Dan.Ambrose@ambro.com](mailto:Dan.Ambrose@ambro.com) for a zoom invitation/link. Meetings are usually held the second Monday of each month. Please visit the [Friends of South website](#) to learn more.

## SCHOOL TO CAREERS

### Employment Opportunities

**Carl Jr, Jersey Mike's and Human Bean** are currently hiring at several locations! Applicants must be 16 years of age and hold a Food Handler's Card. Visit their individual websites for Crew and Barista positions:

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[www.workstthestar.com](http://www.workstthestar.com) , [www.workatjm.com](http://www.workatjm.com) , [www.workathb.com](http://www.workathb.com) .

**Paid gym-supervisor, scorekeeper, and referee positions available** to assist with YMCA youth basketball. Employees must pass a background check and have proof of COVID vaccination. For more information email [youthsports@eugeneymca.org](mailto:youthsports@eugeneymca.org) or call 541.686.9622. Apply [HERE](#).

**JOB FAIR at Albertson's and Safeway!!!** December 4, 2021, 11 am to 3 pm: All store locations will hold a Job Fair for potential employees to interview. **Apply online** at [www.safeway.com/careers](http://www.safeway.com/careers) or [www.albertsons.com/careers](http://www.albertsons.com/careers). Flexible work schedules, employee discounts, health and wellness benefits are some of the opportunities offered.

UO Housing & Dining have open part-time positions for high school students 16 years of age and older. Applicants must be fully vaccinated. Hours are flexible, and positions pay \$13.25 per hour. Students can apply by reaching out to the hiring team via email at [houshire@uoregon.edu](mailto:houshire@uoregon.edu) with an attached resume. They can also contact 541-346-4330, and they will be contacted in a timely manner.

**Junior and Senior students**, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at [ruggles\\_k@4j.lane.edu](mailto:ruggles_k@4j.lane.edu) for more information.

### STUDENT VOLUNTEER OPPORTUNITIES

**Volunteer coaches** needed to coach YMCA youth basketball. Volunteers must pass a background check and have proof of COVID vaccination. For more information email [youthsports@eugeneymca.org](mailto:youthsports@eugeneymca.org) or call 541-686-9622. Apply [HERE](#).

**Reserve Firefighter Positions:** Dexter Rural Fire Protection District seeking volunteers at least 18 y.o. interested in a career in firefighting/emergency medical services. No experience necessary. Applications and more information on *Volunteers Needed* link in [website](#).

**Upstart Crow Youth Theatre** seeking student volunteers to help with set crew, ushering, loading props and costumes, etc. for its presentation of *Rudolph the Red Nosed Reindeer Junior*. Play will take place in the Downtown Eugene Park Blocks on December 11, 12, 18, and 19 at 2 pm. Theater experience not required. Fill out this [form](#) with your interest/availability for show dates, and list an email address that you check frequently. Questions? Email [info@upstartcrowstudios.org](mailto:info@upstartcrowstudios.org) or call 541-688-8260 Monday-Friday from 3-7pm.

### CAREER CENTER CHECK IN

**Lori Sauter, SEHS College and Career Center Coordinator**

Welcome! I'm eager to help with your post-high-school planning:

- Check out the *College and Career Center* web pages under *ACADEMICS* on South's [website](#) for a wealth of info.
- Read about upcoming events in this newsletter.
- And, of course, reach out to me. That's the best part of my job: [sauter\\_l@4j.lane.edu](mailto:sauter_l@4j.lane.edu), 541-790-8052 (live+msg), 541-790-8011 (live only), Zoom, or drop by the career center (room 7) for a visit (students only right now).

### College and Program Virtual Visits:

<u>College/Program</u>	<u>Representative</u>	<u>Date</u>	<u>Time</u>
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No upcoming college/program visits at the moment

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## Scholarships:

- **Upcoming South-Supported Scholarships:** [Generation Google](#) (12/10); [Oregon Opportunity Grant](#) (No firm deadline but funds are first-come, first-served. Apply now by filling out the FAFSA); [LEDA Scholars Program](#) (12/14); [Foot Locker Scholar Athletes](#) (12/17); [Equitable Excellence Scholarship](#) (12/17); [AFSCME Family Scholarship Program](#) (12/31); [Oregon Association Chiefs of Police \(OACP\) Scholarship](#) (12/31); [Easton/National Field Archery Association \(NFAA\) Scholarship Program](#) (12/31); [Free Speech Essay Contest by FIRE Foundation](#) (12/31).
- **This Week's Featured Scholarship:**
  - The [LEDA Scholars Program](#) is a college- and career- mentorship program helping 100 high-achieving juniors with leadership potential from low-income backgrounds to gain admission to highly selective colleges. The program includes: a 7-week summer experience on the Princeton University campus with leadership training, writing courses, college guidance, trips, and ACT/SAT prep; senior-year admission counseling and funding for application fees and testing; and ongoing career support via the LEDA career network, including jobs and internships. Requires minimum 3.5 GPA, rigorous academic schedule, community/school involvement, and total family income of less than \$90,000/yr. Open to U.S. citizens, permanent residents, and DACA recipients. Apply by 12/14.
  - Virtual information sessions for scholarships for Latinx students from Oregon and Southwest Washington sponsored by the [Hispanic Metropolitan Chamber](#) found at this [link](#). For more info, contact Nicole León (nleon@hmccoregon.com). Upcoming session times:
    - December 7 at 4:30 p.m.
    - December 17 at 12 p.m.
    - January 12 at 5 p.m.
- Check out our [Scholarships](#) web page for more information. If you need a recommendation from a counselor for your application, please fill out this [form](#). And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

## Career Center Current Events:

[College Costs Are Notoriously Opaque. Use These Tools to See How Much You'll Pay Before Applying](#), article in *Money* by Kaitlin Mulhere, updated November 19, 2020.

[Will that college degree pay off? A look at the numbers](#), article in *The Hechinger Report* by Jon Marcus, published November 1, 2021.

[Why and How to Evaluate the Quality of a College's Major](#), article in *LINK for Counselors* by Carolyn Kost, published Fall, 2021

**Proofreading assistance for college- and scholarship-application essays** available through the College & Career Center. Email Lori Sauter ([sauter\\_l@4j.lane.edu](mailto:sauter_l@4j.lane.edu)) for more information.

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**12/7:** Information session for Latinx students from Oregon and Southwest Washington re: scholarship program sponsored by the [Hispanic Metropolitan Chamber](#). Begins @ 4:30 pm via this [link](#). For more info, contact Nicole León ([nleon@hmccoregon.com](mailto:nleon@hmccoregon.com)).

**12/9: SEHS Freshman/Sophomore Resources online newsletter** to be posted by 7 pm. Written and recorded information re: freshman- and sophomore-year essentials, academic support, mental-health resources, earning college credits while attending South, the college & career center, and more. Link to be emailed to freshmen, sophomores, and their parents closer to the date.

**12/10: OHANA Gathering** 5:30-7:30 pm @ Sheldon High School cafeteria. For high-school Pacific Islander students and families to explore college/career opportunities, participate in cultural performances, and connect with the Pacific Islander community. Free food! Bring musical instruments and talents to share! For more information, contact Jené Conrad, 4J Program Coordinator, Student Alliance Community (541-517-5165, [conrad\\_j@4j.lane.edu](mailto:conrad_j@4j.lane.edu)).

**12/11: Pacific Northwest College of Art's In-Person Portfolio Day + Open House** from 11 am-3 pm on the PNCA Campus: 511 NW Broadway, Portland. Meet faculty, learn about their programs, and gain a better understanding of what PNCA has to offer. Plus, get the inside line with admissions tips and expert portfolio advice. [RSVP](#)

**12/17:** Due date for the winter term of the 10-week (1/5 - 4/1/22) [Design Arts Apprenticeship Program](#). This program offers students apprenticeship opportunities working with professionals in graphic, digital, and physical design. In-person and virtual options are available and can be indicated in the application. Each family makes a financial contribution to the program based on what they can afford. Contact [artsed@lanearts.org](mailto:artsed@lanearts.org) with questions. Apply [here](#). Aplicación en Español: [Vínculo](#).

**12/17:** Information session for Latinx students from Oregon and Southwest Washington re: scholarship program sponsored by the [Hispanic Metropolitan Chamber](#). Begins @ 12 pm via this [link](#). For more info, contact Nicole León ([nleon@hmccoregon.com](mailto:nleon@hmccoregon.com)).

**12/22:** Deadline to [register](#) for the [PASSLane Industrial Trades](#) program. This free evening program at LCC offers classes that guide students in exploring and preparing for work in one of the construction trades. [2022 class schedule](#). Winter-term classes begin 1/3/22.