

*South Eugene High School*

# NEWSLETTER

Dec. 17, 2021

[Main Website](#) | [Calendar](#) | [Athletics](#) | [IHS](#) |  
[Instagram](#) | [Facebook](#)



## HAPPY HOLIDAYS! ❄️

The office will be closed during the break, Dec. 20-31. No classes January 3. Classes resume January 4. Please visit the SEHS website to find answers to common questions.

### WINTER RESOURCES FOR FAMILIES

- [4J WRAPAROUND & FOOD FOR LANE COUNTY MOBILE PANTRY](#)
- [COMMUNITY WELLNESS RESOURCES](#)
- [PARENTING NOW](#)
- [SUPPORTING STUDENTS EXPERIENCING GRIEF OVER THE HOLIDAYS](#)
- [WORK AND TUTORING SUPPORT- CONNECTED LANE](#)

### WINTER WEATHER

When winter weather arrives, schools may be closed or delayed or buses may use snow routes. These decisions are made by the school district early in the morning and are the same for every 4J school.

**Snow day notifications:** Our school district communicates any decision to change school or bus schedules as quickly as possible in several ways, all well before 6:30 a.m.

How to find out if there is a change:

- Text message from the district (if you are not currently receiving occasional text messages with important information from 4J, learn how)
- Check the district website, [www.4j.lane.edu](http://www.4j.lane.edu)
- Follow 4J on social media: Facebook, Twitter @4Jweather & @4Jschools
- Tune in to local radio and television news stations

No news = No change. If schools and buses are on their regular schedule, there will NOT be an announcement. For more information, please see [www.4j.lane.edu/weather](http://www.4j.lane.edu/weather).

### WINTER BREAK STUDENT MEAL BOXES

Meal boxes are available to ALL students for winter break. **Sign up here by Wednesday, Dec. 15:**

<https://forms.gle/XUybZ7ehAaBsYFkb8>. Families already picking up boxes DO NOT need to sign up again.

USDA Child Nutrition Programs allow one meal and a snack to be offered for each of 7 days at a time.

Boxes will have mostly heat and serve or easy snack items to supplement families with busy schedules and hungry kids!

---

Pickup is from the Ed Center **ONLY**, 7:30a.m-6:00p.m. on Wednesday 12/15 or Thursday 12/16 or Friday 12/17. Supplies ARE LIMITED. We will accept the first 600 meal box reservations and may have to cut off after that. Walkups on Friday are allowed as supplies are available or families cancel reserved boxes.

## ATTENDANCE

**Excusing an absence:** Parents or guardians should email the attendance office at [dialsehs@4j.lane.edu](mailto:dialsehs@4j.lane.edu) or call the attendance line at 541-790-8008 to have the absence excused. **Requests to excuse absences must be received within 48 hours.**

**Leaving campus:** Parents or guardians should make arrangements with their student when leaving school early (e.g., doctor's appointment). Parents/Guardians should call the attendance office to excuse the absence and the student must inform their teacher of the early departure.

**Prearranged Absences:** Absences for religious or cultural purpose including observance of a religious or cultural holiday or participation in religious or cultural instruction; and post-secondary, technical school or apprenticeship program visitation or scholarship interview may be excused if a [Prearranged Absence Form](#) has been submitted and approved. *Vacations are not customarily considered as excused absences.*

## FREE TUTORING

Free tutoring opportunity for students by Education Equity Now, Non-profit Organization.

With the tutoring program we are trying:

1. To help kids who have fallen behind in school.
2. To help kids with disabilities by getting extra support.
3. To empower high school students to be good role models and help teach the younger kids and while they are doing that, they will get volunteer hours required.

For more information and to sign up: <https://educationalequitynow.com/>

## FRESHMAN/SOPHOMORE RESOURCES NEWSLETTER

We hope this [newsletter](#) helps make the first couple years of high school a little easier. In this issue, you'll find information about:

- The Freshman Journey
- The Sophomore Journey
- Health Resources
- Academic/School Resources
- Senior Project Options
- Earning College Credit in High School
- College Prep in High School
- Career Prep in High School

## SENIORS

**Counselor Newsletter:** Senior year is very exciting, but also very busy. To help students in their final year of high school the counseling department has created a newsletter to help you along. The counselors will continue to add valuable information as the year goes on. Counselor Newsletter: [Welcome to Senior Year!](#)

---

**Senior Interview:** Have you scheduled your Senior interview? If not, now is the time. This is an opportunity to review the Senior checklist, discuss post high school plans, and learn about the college application process. For scheduling, please use this [counseling appointment link](#) or scan the QR code in the Counseling Office. [Senior Year Info web page](#)

**Counselor Drop-In Opportunities:** Intended for quick questions that need immediate attention, no appointment necessary. Monday: 1st Period, Tuesday: 2nd Period, Wednesday: 3rd Period, Thursday: 4th Period, and Friday: 5th period.

## **LIBRARY**

The library is open for students! They can come to the library before and after school or during free periods and check out books in person, or reserve books using the [Online Catalog](#). The [Library Homepage](#) has many resources available for doing school work, including databases and useful links.

## **LACROSSE**

Are you curious about lacrosse and want to try it out? Have you played before in the past and want to join a team? Well Good News! Boys and Girls Lacrosse is coming to SEHS this Spring! **Please join us on Thursday, January 13th from 4-5pm** on the SEHS turf for a "Try Lacrosse" Event. Coaches will lead the event and equipment will be available for use. There will be snacks and a raffle with cool prizes for students who attend! Bring yourself and your friends to this fun event! **No experience necessary.**

Reach out to coaches with questions, Boys team: Josh Barbour/Brian Naghski [southeugenelax@gmail.com](mailto:southeugenelax@gmail.com)  
Girls Team: Sara Long ([saralong2424@gmail.com](mailto:saralong2424@gmail.com))

## **PARENT INVOLVEMENT**

**Parent Council:** All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings. Meetings are being held in 2021-22 the third Monday of the month at 6:00pm and occur via Zoom at the moment and the link is [HERE](#). Feel free to join us for updates and topics of interest for parents, a chance to ask questions about school, sharing ideas for parent education events, staff appreciation and more.

**Site Council:** South Eugene's Site Council meets monthly. **Please note this change:** In 2021-22 we will be meeting January 12 from 4:00-5:00 and the meeting is accessible via this [link](#). Meetings are virtual and open to the public, and interpretation can be made available upon request.

**Friends of South- FOS is for parents first...not just alumni.** All parents and volunteers wishing to support South programs with fundraising are invited. Email [Dan.Ambrose@ambro.com](mailto:Dan.Ambrose@ambro.com) for a zoom invitation/link. Meetings are usually held the second Monday of each month. Please visit the [Friends of South website](#) to learn more.

## **SCHOOL TO CAREERS**

### **Employment Opportunities**

**Carl Jr, Jersey Mike's and Human Bean** are currently hiring at several locations! Applicants must be 16 years of age and hold a Food Handler's Card. Visit their individual websites for Crew and Barista positions: [www.workstthestar.com](http://www.workstthestar.com) , [www.workatjm.com](http://www.workatjm.com) , [www.workathb.com](http://www.workathb.com) .

**Paid gym-supervisor, scorekeeper, and referee positions available** to assist with YMCA youth basketball. Employees must pass a background check and have proof of COVID vaccination. For more information email [youthsports@eugeneymca.org](mailto:youthsports@eugeneymca.org) or call 541.686.9622. Apply [HERE](#).

---

UO Housing & Dining have open part-time positions for high school students 16 years of age and older. Applicants must be fully vaccinated. Hours are flexible, and positions pay \$13.25 per hour. Students can apply by reaching out to the hiring team via email at [houshire@uoregon.edu](mailto:houshire@uoregon.edu) with an attached resume. They can also contact 541-346-4330, and they will be contacted in a timely manner.

**Junior and Senior students**, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at [ruggles\\_k@4j.lane.edu](mailto:ruggles_k@4j.lane.edu) for more information.

## STUDENT VOLUNTEER OPPORTUNITIES

**Volunteer coaches** needed to coach YMCA youth basketball. Volunteers must pass a background check and have proof of COVID vaccination. For more information email [youthsports@eugeneymca.org](mailto:youthsports@eugeneymca.org) or call 541-686-9622. Apply [HERE](#).

**Reserve Firefighter Positions:** Dexter Rural Fire Protection District seeking volunteers at least 18 y.o. interested in a career in firefighting/emergency medical services. No experience necessary. Applications and more information on *Volunteers Needed* link in [website](#).

**Upstart Crow Youth Theatre** seeking student volunteers to help with set crew, ushering, loading props and costumes, etc. for its presentation of *Rudolph the Red Nosed Reindeer Junior*. Play will take place in the Downtown Eugene Park Blocks on December 11, 12, 18, and 19 at 2 pm. Theater experience not required. Fill out this [form](#) with your interest/availability for show dates, and list an email address that you check frequently. Questions? Email [info@upstartcrowstudios.org](mailto:info@upstartcrowstudios.org) or call 541-688-8260 Monday-Friday from 3-7pm.

## CAREER CENTER CHECK IN

**Lori Sauter, SEHS College and Career Center Coordinator**

Welcome! I'm eager to help with your post-high-school planning:

- Check out the *College and Career Center* web pages under *ACADEMICS* on South's [website](#) for a wealth of info.
- Read about upcoming events in this newsletter.
- And, of course, reach out to me. That's the best part of my job: [sauter\\_l@4j.lane.edu](mailto:sauter_l@4j.lane.edu), 541-790-8052 (live+msg), 541-790-8011 (live only), Zoom, or drop by the career center (room 7) for a visit (students only right now).

## College and Program Virtual Visits:

<u>College/Program</u>	<u>Representative</u>	<u>Date</u>	<u>Time</u>
------------------------	-----------------------	-------------	-------------

No upcoming college/program visits at the moment

## Scholarships:

- **Upcoming South-Supported Scholarships:** [AFSCME Family Scholarship Program](#) (12/31); [Oregon Association Chiefs of Police \(OACP\) Scholarship](#) (12/31); [Easton/National Field Archery Association \(NFAA\) Scholarship Program](#) (12/31); [Free Speech Essay Contest by FIRE Foundation](#) (12/31); [#TransgenderFirst Scholarship](#) (12/31); [GE Reagan Foundation Scholarship Program](#) (1/6); [Oregon Scholastic Arts Award](#) (1/6); [PRIDE Foundation](#) (1/7); [Pathways in Education Opportunities](#) (1/8); [Anthony Quinn Foundation Scholarship](#) (1/9); [Ron Brown Scholarship Program](#) (1/9); [Oregon Society of CPAs \(OSCPA\) Scholarship Foundation](#) (1/10); [Air Force Reserve Officer Training Corps](#) (1/13); [Bovard Scholars Program](#) (1/14); [United States JCI Foundation Scholarships](#) (1/14); [John F. Kennedy –](#)

---

[Profiles in Courage Essay Contest](#) (1/14); [UO Apex and Summit Scholarships](#) (1/15); [UO Diversity Excellence Scholarship](#) (1/15); [UO Pathway Oregon Scholarship Program](#) (1/15); [UO Presidential Scholarship](#) (1/15). [Oregon Opportunity Grant](#) (funds are first-come, first-served. Apply now via FAFSA).

- **This Week's Featured Scholarship:**

- o The [GE Reagan Foundation Scholarship Program](#) offers multiple scholarships of \$10,000 renewable for 4 years to students demonstrating the attributes of leadership, drive, integrity, and citizenship. Scholars are invited to participate in a special awards program and receive ongoing leadership-development support. Requires 3.0+ GPA. Must be a U.S. citizen.
  - o The [Pathways in Education Opportunities Scholarships](#) provides tuition scholarships ranging from \$2,500 to \$15,000 to local students interested in pursuing a career in education and who will be attending UO, LCC, Pacific, or Bushnell. Program includes ongoing mentoring. Top applicants will be culturally diverse, able to speak multiple languages, and/or are first-generation college students. Contact Nicole Reyes at nicole.reyes@springfield.k12.or.us for questions about applications and eligibility.
  - o Virtual information sessions for scholarships for Latinx students from Oregon and Southwest Washington sponsored by the [Hispanic Metropolitan Chamber](#) found at this [link](#). For more info, contact Nicole León (nleon@hmccoregon.com). Upcoming session times:
    - December 17 at 12 p.m.
    - January 12 at 5 p.m.
- Check out our [Scholarships](#) web page for more information. If you need a recommendation from a counselor for your application, please fill out the scholarship form in the counseling center. And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

### **Career Center Current Events:**

**NOW:** Sophomores and juniors, as you likely know, links to **PSAT scores** were emailed last week to students who took the test in October. If you don't have the email, you can find out how to access your scores [here](#). You can also learn more about your score report by watching this [video](#) from the College Board or checking in with your counselor or with me to ask questions about your results.

**12/17:** Due date for the winter term of the 10-week (1/5 - 4/1/22) [Design Arts Apprenticeship Program](#). This program offers students apprenticeship opportunities working with professionals in graphic, digital, and physical design. In-person and virtual options are available and can be indicated in the application. Each family makes a financial contribution to the program based on what they can afford. Contact artsed@lanearts.org with questions. Apply [here](#). Aplicación en Español: [Vínculo](#).

**12/17:** Information session for Latinx students from Oregon and Southwest Washington re: scholarship program sponsored by the [Hispanic Metropolitan Chamber](#). Begins @ 12 pm via this [link](#). For more info, contact Nicole León (nleon@hmccoregon.com).

---

**12/22:** Deadline to [register](#) for the [PASSLane Industrial Trades](#) program. This free evening program at LCC offers classes that guide students in exploring and preparing for work in one of the construction trades. [2022 class schedule](#). Winter-term classes begin 1/3/22.

**1/6:** Workshop 4 in the [Davis Women in Business Workshop Series](#). Titled *Interview Prep*. 7-7:45 pm. Eight workshops have been being offered over the course of six months via Zoom that are focused on business-centric topics--professionalism, career exploration, interview prep, resume 101, etc. [Register](#). Join [Facebook group](#) for the series. [Zoom link](#). Zoom Meeting ID: 980 5084 3993.

**1/10:** Due date to register for [Elevate Lane County](#)'s marketingJAM, a free 3-day hybrid (part in-person, part virtual) event for students interested in marketing, business, and design. The event, to take place from 1/21-23, will involve student teams that are presented with marketing-based challenges to solve. They will be paired with a professional mentor for daily check-ins and support. Students needing equipment may request it from Elevate Lane County. (If you don't have a full team but still want to participate, please let them know in the registration form.) [Register](#).

**1/12:** Information session for Latinx students from Oregon and Southwest Washington re: scholarship program sponsored by the [Hispanic Metropolitan Chamber](#). Begins @ 5 pm via this [link](#). For more info, contact Nicole León (nleon@hmccoregon.com).