

South Eugene High School

NEWSLETTER

MAY 7, 2021

[Main Website](#) | [Calendar](#) | [Athletics](#) | [Vimeo](#) | [IHS](#) |



IMPORTANT UPCOMING DATES:

Monday, May 10: Envision Pro portal closes for senior submission at 11:59pm

Wednesday, May 12: Free Covid-19 vaccine clinic

Wednesday, May 19: Senior Cap and Gown Distribution

Monday, May 31: No School- Memorial Day

Thursday, June 3: Virtual Annual Recognition & Awards

Thursday, June 10: Seniors last day of school! SEHS Virtual Commencement Ceremony & I.H.S
Virtual Commencement aired

Thursday, June 17: Last day of school!

PICK-UP/DROP-OFF

SEHS is not open to the public. You can reach our main office at 541-790-8000 between the hours of 8:00am - 4:00pm, Monday through Friday, for additional assistance.

Should you or your student need to pick-up/drop-off :

- Yearbook
- Textbook(s)
- Graduation items
- Any school item

Pick-up/drop-off days are the 1st and 3rd Thursday of each month from 1:00pm - 4:00pm by the east side of the school. Our next set date is for **Thursday, May 20.**

SENIOR PHOTO SUBMISSION DEADLINE

Graduating seniors received an invitation in April through their 4J Zimbra email account from EnvisionPro (noreply@envisionproav.com) to upload information to the Virtual Graduation Portal.

The original April deadline was extended to Monday, May 10 at 11:59pm. If you have submitted information for your profile, you can still make changes. If you have not logged in, it is important that you do so that you approve your name and confirm your participation in the Virtual Graduation Ceremony. Please make sure to check your junk mail if you have not seen the email. We want to make sure that every graduating senior is included, so even if you don't plan to upload a photo, please know that you need to log in to be included. Contact the main office if you have any questions.

Please make sure that your name is spelled correctly on your slide. The photo should be only of yourself. Indoor or outdoor pictures are acceptable. No props please.

Here are some helpful tips:

- See the [Student Portal Guide](#)
- Review suggestions for a [great photo](#).
- You can enter a phonetic spelling of your name and record yourself saying your name. This will make it easier for us to pronounce it correctly for the ceremony.
- If you're having any difficulty with the student portal, you may need to clear your browser cache. Here are instructions for clearing your cache in [Chrome](#), [Firefox](#), or [Safari](#).
- We do not recommend using your phone to upload information to the portal. Use your school-issued student computer or a personal computer.

FREE COVID-19 VACCINE CLINIC FOR AGES 16+

Eugene School District 4J will hold a COVID-19 vaccine clinic for 4J students at SEHS on Wednesday, May 12. Shuttle buses will be provided from other 4J high schools. 4J healthcare partner Cascade Health will give the shots. Vaccines are currently available for youth age 16 and up.

Where: South Eugene High School, 400 E. 19th Ave.

When: Wednesday, May 12, starting at 12:30 p.m.

Schedule Appointment: <https://pickatime.com/cascadehealth/4JMay12>

Vaccine Type: [Pfizer/BioNTech](#)

Transportation: Students may go directly to the clinic site, or take a shuttle bus from their high school at noon.

Bring: If you have insurance, bring your insurance card or information. If you don't have insurance, there will be no charge for the vaccine.

For more information:

<https://www.4j.lane.edu/2021/04/covid-vaccines-now-available-for-age-16/>

2021 SENIOR CAP AND GOWN DISTRIBUTION

Cap & Gown distribution will be Wednesday, May 19. Orders are placed online through Graduate Miners Services. If you have not placed your order, you may do so at minersgrad.com.

On May 19, graduating seniors will have the opportunity to pick up their cap and gown (and any other items ordered through Graduate Miners Services) at South Eugene High School, as well as individual stoles, cords, or other regalia associated with student programs and accomplishments. Senior yard signs (one per senior household) will be distributed on that date as well. Northwest Photography will be present to take a professional photo and a 5 X 7 will be provided at no cost via mail in late June.

Students who have a cap & gown already by borrowing from a sibling or former graduate need to email Kimberly Mejia (mejia_k@4j.lane.edu) to confirm that they have a cap & gown unit already. Please include "Graduation" in the email subject line. South has a limited supply of caps and gowns to make available to students who may need to borrow a cap and gown. Please email Kimberly Mejia and include Graduation in the subject line should you need to borrow one.

For all graduation details please visit the [Class of 2021 webpage](#) on the SEHS website.

FORECASTING

Forecasting forms are still open! If you forgot to fill out your Google Forecasting form, or would like to make adjustments to your choices, please go to the [Scheduling website](#), and click on Forecasting. You can also come to the Scheduling office to speak with your Scheduler, Christie Ferris, before or after school.

COUNSELING INFORMATION

Live Chat with the Counselors: Counselors are available online for immediate assistance every Tues & Thurs 1:30pm-3:00pm and Wed 10:15am-11:30am with our counselor secretary, Leann. Get access to the live chat bubble on the [Counseling Department webpage](#).

Class of 2022, Rising Senior Webinar: On Wednesday, April 28th the counselors held a webinar about planning for Senior year, recommended summer activities, college application processes, and much more. If you missed it you can review it at the [Class of 2022 webpage](#).

ADVANCED PLACEMENT (AP)

AP exams are currently taking place so please refer to the [SEHS AP Newsletter Website](#) for necessary steps to ensure that you'll have a successful exam administration. For students taking a digital exam the student is required to [download the digital exam application](#) and it is recommended that they take a practice digital exam before their exam administration date.

THE SOPHOMORE PROJECT

The Sophomore Project is now available! South asks all of its students to complete a yearly post-high-school planning project. This year, the Sophomore Project is in the form of a Canvas course which each sophomore has been invited (through their Canvas account) to accept. It includes 6 computer-based tasks to complete asynchronously by June 3. For the project to be useful, students need to work on it slowly over time. We recommend starting on it as soon as you can. It is both a graduation requirement and an excellent planning tool. Please feel free to email Lori Sauter with any questions at sauter_l@4j.lane.edu.

PARENT INVOLVEMENT

Friends of South- FOS is for parents first...not just alumni. All parents and volunteers wishing to support South programs with fundraising are invited. Email Dan.Ambrose@ambro.com for a zoom invitation/link. Meetings are usually held the second Monday of each month. Please visit the [Friends of South website](#) to learn more.

Parent Council: All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings, although these meetings are typically held the first Monday of the month at 6:00pm. Interested parents can contact Jen Doerr at brad.jend@gmail.com for meeting details.

Site Council: South Eugene's Site Council meets monthly. In 2020-2021 we will be meeting the third Tuesday of each month from 4:00-5:00 and the meeting is accessible via this [link](#). Meetings are virtual this fall and open to the public, and interpretation can be made available.

SCHOOL TO CAREERS

Junior and Senior Students, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at ruggles_k@4j.lane.edu for more information.

Are you taking a **College Now class** and have questions? The deadline for registration for Spring Term is May 21st! Email Kathy Ruggles asap if you have questions or need help with your L#.

WORK STUDY INFORMATION

All sophomores and juniors interested in Work Study positions for next fall, we are excited to hear from you! Please send Kathy Ruggles, School-To-Careers Coordinator, ruggles_k@4j.lane.edu the following; your current resume with references, availability for a one or two period position and a list of forecasted classes.

As the Curriculum Guide states, Work Study consists of paid positions at South Eugene and other South region schools. Students do not forecast for Work Study, rather there is an interviewing and hiring process for open positions. Positions include office assistants, cafeteria assistants and custodial assistants.

Please forecast for a full schedule, in the event that you are not hired. Many factors are considered in this process. However, all interested students are encouraged to apply. Thank you!

SUICIDE PREVENTION

NOW STREAMING FOR FREE: [Tell My Story](#), a suicide-prevention documentary that shares one family's story about youth suicide and serves as a clarion call that we must own our children's mental health. The father in this family also founded [chooselife.org](#) with a mission of ending teen suicide by 2030. For more information, read his letter [here](#). Free documentary access ends 6/30.

STUDENT VOLUNTEER OPPORTUNITY

Kidsports is looking for high-school volunteers to help with their outdoor sports and PE clinics and camps. Weekday and weekend opportunities, 2-hour time commitments. All OHA and Lane County Covid protocols and procedures in place for these programs. [Programs needing volunteers](#). Sign up [here](#) to volunteer. For more information, contact Beth Nitkowski, Kidsports Senior Sports Manager, at 541-683-2374, ext 213 or bethn@kidsports.org.

The [Relief Nursery](#), a child-abuse and neglect prevention agency serving low-income Lane County families is seeking students (vaccinated and at least 16 y.o.) to serve as summertime classroom teaching assistants. Mon, Tue, Thu, and Fri from 8:30-12:30. Minimum one shift per week on the same day. Questions? Contact Maggie Dorris (maggido@reliefnursery.org or 541-343-9706, ext. 104).

WHAT'S FOR LUNCH?

Access the online menu to see what's for lunch!

<https://www.4j.lane.edu/nutrition/menus/>

Search: Titan Family Portal

Click the Login button

Click on Check District Menu

Search: Eugene 4j

At the top of the page there are filters, search for the school of choice. It shows a week at a time and you may look ahead as far as the menus have been planned by management. It also shows allergens, dietary restrictions and religious restrictions.

LOOKING FOR SOMETHING TO DO THIS SUMMER?

[Oregon Summer Programs 2021](#). Many colleges and organizations in Oregon are offering virtual or in-person programs. Learn something new, build your leadership skills, explore careers and of course, have fun! Post in the *Oregon Goes to College* blog.

CAREER CENTER CHECK IN

Lori Sauter, SEHS Career Center Coordinator

Contact: sauter_l@4j.lane.edu, 541-790-8052 (msg), or Zoom!

College and Program Virtual Visits:

- Willamette U (5/18@2 pm, Zoom link TBD)
- San Diego State U (5/25@1:30 pm, [Zoom link](#))
- Check out South's [College/Program Visits and Fairs](#) page for information about upcoming fairs and past visits.

Scholarships:

Upcoming South-Supported Scholarships: [Douglas Timber Operators](#) (5/7); [Lane County Historical Society Scholarship](#) (5/10); [Future First Citizen Award](#) (5/10); [1st Generation Scholarship, 4J Managers, Administrators, Professionals Supervisors \(MAPS\) Association](#) (5/10); [Oregon Chinese Consolidated Benevolent Association \(CCBA\) Scholarship](#) (5/14); [Pacific Cascade Federal Credit Union Scholarship](#) (5/15); [Len Assante Scholarship](#) (5/15); [Oregon Music Hall of Fame](#) (5/15); [Horatio Alger Career & Technical Scholarship](#) (5/15).

This Week's Featured Scholarships: Local South-Only Scholarships!! Four scholarships for only South Eugene seniors are coming due 5/17. Check out whether you can apply to any of these.

- [First Generation MAPS Scholarship](#) -- \$500 scholarship for an SEHS student who is the **first of any generation in their family** to attend 2-year or 4-year college. GPA and financial need considered, as well as extracurricular activities, community service, work experience, leadership roles, awards, and honors. Essay and letter of recommendation required. Submit completed application to Lori Sauter (sauter_l@4j.lane.edu) by 5/10/21.
- [SEHS Alumni Scholarship](#) – Three \$3,000 awards to SEHS students **attending an accredited 4-year college or university**. Requires a 300-word essay, an unofficial transcript, the Student Aid Report from the FAFSA, and a list of activities and work experience. Financial need is considered.
- [Alison Wheeler Memorial Scholarship](#) -- \$500 award to an SEHS student interested in **studying science or technology** at a 4-year college or university. Requires minimum 3.0 GPA, resume, at least 80 hours of community service, and a 300-word essay.
- [Robert Stothers Scholarship for Future Teachers](#) – Two \$2,000 awards to SEHS seniors **pursuing a degree in education**. Requires minimum 2.75 GPA, one emailed letter of recommendation, an unofficial transcript, and an essay.
- [SEHS Staff Scholarship](#) – Two \$2,000 awards to SEHS students **attending a two-year community, vocational, or technical college**. Considers financial need, activities, community service, honors and work experiences. Requires application, transcript, letter of recommendation, and Student Aid Report from the FAFSA.

Check out our [Scholarships](#) web page for more information. If you need a recommendation from a counselor for your application, please fill out this [form](#). And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

Upcoming Events:

The [Rites of Passage summer academies](#) at Lane Community College are designed to inform and inspire high-school and middle-school students of color in Lane County. Students representing four racial/ethnic groups are immersed in their own respective summer program focusing on their cultural history, literature, folklore, and traditions. These programs are based on an academic framework that promotes positive self-image and self-esteem.

- [African American Rites of Passage Academy](#)
- [Asian and Pacific Islander American Rites of Passage \(APIAROP\) Youth Leadership Weekend](#)
- [Bridge of the Gods Leadership Summit](#) (Native-American youth)
- [Puertas Abiertas / Paso al Futuro Summer Leadership Academy](#) (Latinx youth)

[Ideas to help students with disabilities settle into college.](#) Article in *LINK for Counselors* online publication by Kenneth McGhee, Director of the DC Tuition Assistance Grant Program (DCTAG)

[Colleges Still Accepting Applications:](#) NACAC's *College Openings Update* is a listing of some of the colleges that are still accepting applications from prospective freshman and/or transfer students for the upcoming fall term.

NOW: [Register](#) for [OSU's Virtual Juntos Family Day](#): Virtual college workshops in Spanish about OSU, the campus, its resources, available financial aid, and more. Via Zoom on Saturday, 5/15 from 8:30 am-1 pm. Free lunch vouchers for participants. [Informational video](#). Questions? Contact Yuridia Reyes, Juntos Program graduate assistant (503-984-1432 or Yuridia.Reyes@oregonstate.edu).

NOW: Registration open for the [Summer Academy to Inspire Learning \(SAIL\) Program](#). This year, SAIL will offer a free hybrid program from 7/26-30. Virtual activities will take place Mon-Thu, and there will be on-campus, in-person activities on Friday. High-school students (from rising freshmen through 2021 grads) can learn about various academic subjects from University of Oregon faculty members through fun, social, and interactive activities. SAIL programs also include sessions on the college admissions process, scholarship availability, career exploration, and the financial-aid process. Si necesita información en español, envíenos un correo electrónico a sailstaff@uoregon.edu

5/10-5/14/21/21: [Spring Hiring Fair](#), week 4. At this multi-week virtual event, HS seniors, youth from partner programs, and 2020 HS graduates are invited to connect with local businesses and job opportunities. This week: *Students interview for the jobs they're interested in!*

5/10/21: Due date to apply for the [paid summer internship program](#) through Elevate Lane County. Lane County high school students (ages 14+) are invited to apply for the program in the industry of their choice. Student applications will be reviewed, interviews will be scheduled with those who qualify, and then students will be matched with a local host company. Register [here](#).

Upcoming workshops for students and families from Oregon's Higher Education Coordinating Committee (HECC):

- [FAFSA/ORSAA Drop-in Hours](#), May 11, 10:00 am - 11:00 am
- [FAFSA/ORSAA Drop-in Hours](#), May 13, 6:00 pm - 7:00 pm
- [FAFSA/ORSAA Drop-in Hours](#), May 18, 10:00 am - 11:00 am
- [FAFSA/ORSAA Drop-in Hours](#), May 20, 6:00 pm - 7:00 pm

5/11/21: Next Zoom workshop in LCC's [What Can I Do With a Major In...?](#) series. Workshops take place at 9 am or 3:30 pm on Tuesdays and Thursdays for the rest of the school year. Discover online tools and websites to explore and research Lane's programs, transfer majors, occupations, and career fields in Lane's 8 Career Communities. Hosted by Beth Landy and Tammy Walters, counselors in LCC's Career Exploration Center (CareerExplorationCenter@lanecce.edu).

5/11/21: Next Zoom workshop in the [Conversations with College Students](#) series. Workshops take place at 3:30 pm on Tuesdays and Wednesdays for the rest of the school year. Hosted by Churchill High School's College and Career Center. Link to the Zoom sessions [here](#). Meeting ID: 956 0882 2799. Passcode: 636586. Students must sign in with their 4J account. Students are welcome to contact Sheree Houck (houck_s@4j.lane.edu), CHS College and Career Center Coordinator, with questions.

5/26/21: [U of O Pre-College Day at the Undergraduate Research Symposium](#). Virtual event from 9 am - 3 pm for high-school students and teachers. Join for entire day or individual sessions. Live college student panels, teaching demonstrations, lab and campus tours, admissions and financial-aid information all geared at providing you a peek into college academics, majors, minors, and research opportunities spanning any area of interest. Program links will be posted one week prior to the event at *Pre-College Livestream* links on the [webpage](#). Sessions will also be recorded.

5/27/21: [U of O Undergraduate Research Symposium](#): View symposium presentations [here](#).

5/31/21: Due date to apply for the [Peterson CAT ThinkBig program](#). ThinkBIG is a Caterpillar®-specific instructional program that pays you while you train to become a technician. Once accepted into this two-year program, you alternate between labs and classroom work, and a paid internship at a sponsoring Cat dealership. When you graduate, you will have earned an accredited degree backed up with over 2,000 hours of work experience. [ThinkBig flyer](#).

6/21/21: Due date to register for a [Tuition-Free Summer Course at LCC](#). For juniors and seniors interested in getting a jump on their college education. Seniors, keep in mind that courses taken *after* graduation can change your status at your intended 4-year college from *freshman* to *transfer* and make you ineligible for freshman scholarship opportunities. It is *very important* that you check with your intended college before participating in summer courses at LCC.

Missed out on the money management course (Youth Financial Foundations)? Connected Lane County will be sponsoring one final free DevNW Youth Financial Foundations courses this year on these dates: Tuesdays 1-3pm: June 1, 8, 15, 22, 29. Check out the Connected Lane County [calendar](#) for more information. DevNW also offers the [courses](#) regularly for a fee (without a sponsor), in case the above times and dates don't work.

Eugene/Springfield NAACP Tutoring Program. Every Mon, Wed, and Fri from 12-4 pm for grades 6-12@the Eugene Science Center (2300 Leo Harris Parkway). Program ends 6/11. Questions? Call 541-484-1119 or email communications@naacplanecounty.org.

Summer Melt Texting Service for graduating seniors from The College Place. Make sure you remember all of your pre-college to-dos over the summer. Sign up for text reminders at <https://tinyurl.com/TCP-KDS>. (Yes, this links to a scholarship service. You're still in the right place to sign up for reminders. The idea is that it might encourage you to apply for scholarships, too!) The service starts right around graduation and continues through a final text on October 1st, reminding you to complete their FAFSA/ORSA for their second year.

[Student Job Board \(through Connected Lane County\)](#). For Lane County high schoolers looking for full-time, part-time, and temporary positions.

[Eugene Police Cadet Program](#) accepting applications. Must be age 16-20 with no criminal history and a valid driver's license or the ability to obtain one within six months. This training program is for young people who have an interest in a career in law enforcement. Members of the Eugene Police Cadet Program gain experience by riding along with police officers, working in the 911 Communications Center, attending a 130-hour academy, helping with police training, and more.

[Northwest Youth Corps/Idaho Conservation Corps](#) registration open. Challenging education and job-training experiences that help youth and young adults develop the skills they need to lead full and productive lives. Programs include residential conservation crews, local community crews, an internship program for college- aged participants, a fully accredited high school, and a two-acre organic farm. [NWYC/ICCC 2021 summer schedule](#). [How to apply](#).

[Looking beyond highly rejective colleges to get better deals](#). Blog post by Lynn O'Shaughnessy, college financial-aid writer. For this year's seniors.

Heading to LCC in fall 2021? Sign up for **RTEC 101**, a *FREE*, 1-2 credit, online course offered by LCC to help students become familiar with the school's resources, financial-aid process, and academic pathways. This is a great confidence booster!

What do you need to do?

- Turn in an [under 18 form](#) (if applicable) to Brenda Williams (RTEC 101 faculty member, williamsb@lanecc.edu, 541-463-3443). (Do **not** turn it in to LCC's Enrollment Services.)
- Have a [college now application](#) on file.
- [Reserve your spot for the class online form](#). Registration before the first day is required. Brenda will register you if requested.

The UO's SAIL Program guides high-school students and their families through college and career preparation. [Here](#) are some of the free, virtual programs they've been offering this year. All SAIL faculty presentations, college-and-career readiness workshops, and SAIL workshops are recorded, and students can access earlier presentations at [UO SAIL recorded presentations](#). Bonus! Go to [SAIL Instagram](#) for info on scholarships, community resources, and other opportunities for students.