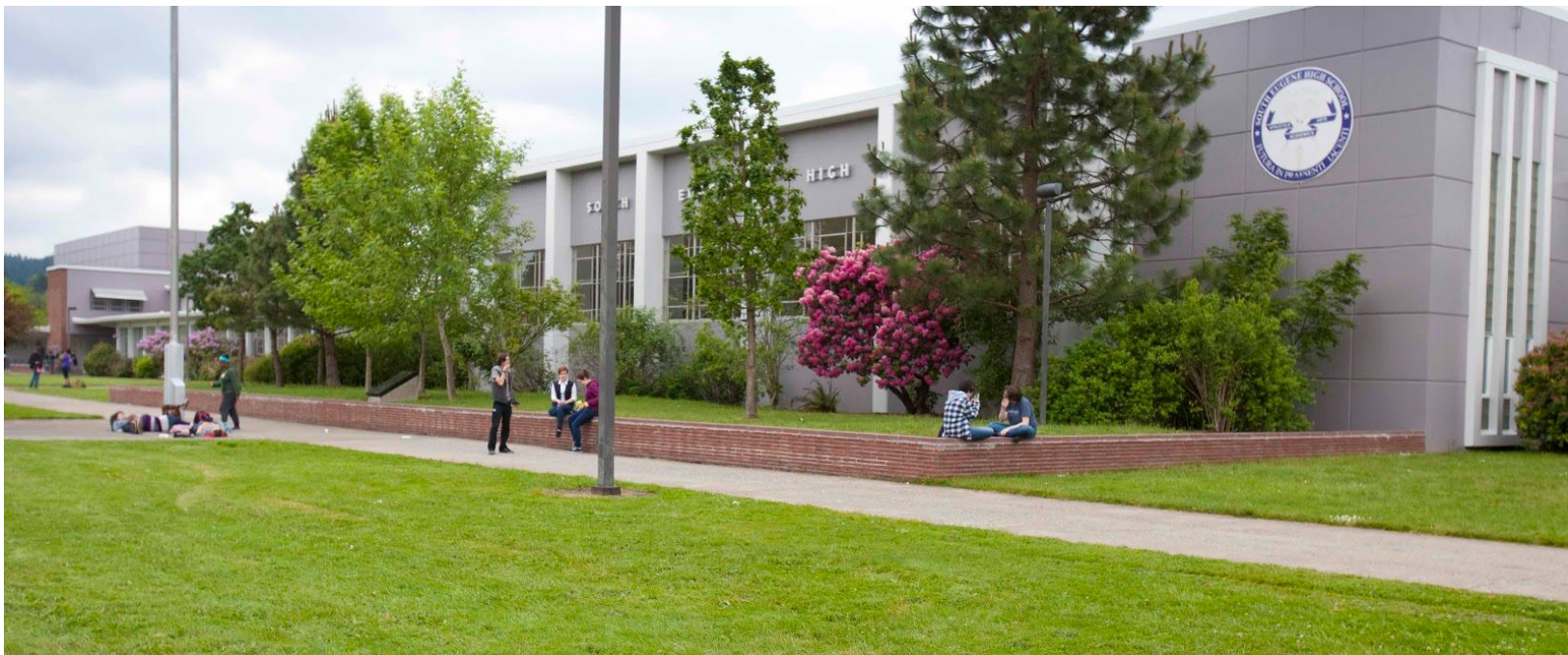


South Eugene High School

NEWSLETTER

FEBRUARY, 5, 2021

[Main Website](#) | [Calendar](#) | [News and Events](#) | [Athletics](#) | [IHS](#) |



SEHS Parents,

The South Eugene High School Newsletter will be emailed at least every other week on Friday and will contain much of the information usually shared within South's weekly e-News. Our goal is to make sure that all families have access to news, events, and opportunities at South.

Happy Friday! Go Axe!

PICK-UP/DROP-OFF

As a reminder, SEHS is not open to the public. However, staff are checking email to respond to questions. You can reach our main office at 541-790-8000 between the hours of 8:00am - 4:00pm, Monday through Friday, for additional assistance.

Pick-up/drop-off days are the 1st and 3rd Thursday of each month from 1:00pm - 4:00pm by the east side of the school. Our next set date is for **Thursday, February 18.**

FORECASTING

SEHS forecasting is quickly approaching! Your student should have received a packet from the scheduling team containing their WIP transcript, a WIP audit form, and a quick instructional letter from SEHS Scheduler. It is very important that all students attend both the Advisory sessions and have the forms provided in the letter.

On Wednesday, Feb. 10th, students will start the forecasting process in Advisory at 10:15am. They will watch a brief video from the counselors, explaining how to read the WIP transcript and how to fill out the WIP audit form. They will also read through the curriculum guide and start thinking about what courses they would like to take next year. They will be given access to the Google Form as a worksheet to complete on this day too.

The following Wednesday, Feb. 17th, the students will again meet in Advisory at 10:15am to review their Google Form and begin entering their courses into StudentVUE. Students will have a chance to chat with counselors during both sessions during the school day.

For any scheduling/forecasting questions, you can email us at southscheduling@4j.lane.edu.

2021-2022 SCHOOL CHOICE

School Choice Request Period:

- 4J resident transfer application for lottery: **Closed.** Lottery to be held by Feb. 15, 2021
- Non-resident transfer application for lottery: March 1–31, 2021
- Post-lottery application opening: May 1, 2021

Please visit the 4J website for more information [HERE](#).

COFFEE CHATS FOR 4J PARENTS/CAFECITOS DE APOYO PARA PADRES DE 4J

Check in and chat! 4J parents and guardians are invited to join in monthly virtual coffee chats. These casual conversations will explore a different topic every month around emotional wellness, parenting and community resources. Join other parents and 4J social worker Maria Covernali. Questions? Email covernali_m@4j.lane.edu.

South Region:

English: Thursday, February 25, 6-7PM. [ZOOM link](#) (passcode: 100531)

Spanish: Miércoles, February 24, 6-7PM. [ZOOM link](#) (contraseña: 554397)

PREVENTING SUICIDE AND PROMOTING MENTAL HEALTH: QPR (QUESTION, PERSUADE, REFER) TRAINING FOR FAMILIES

In collaboration with SEHS, Roosevelt Middle School, and Spencer Butte Middle School, SEHS Parent Council invites you to a QPR (Question, Refer, Persuade) webinar with Lane County's Suicide Prevention/Mental Health Promotion Coordinator Roger Brubaker. This QPR session will be tailored to the needs of parents and specifically address youth suicide prevention; however, many of the topics discussed will be applicable to other populations. All Eugene School District teachers and many staff have received training in QPR.

We truly hope that you can join us on **Tuesday, February 23 from 6:00pm-7:30pm.**

English to Spanish translation will be available. For other language or signing needs, please contact the main office and ask to speak with Kimberly Mejia.

Please click [HERE](#) to join the webinar on Feb. 23.

Passcode: 655913

GRADUATION ORDER- Extended Deadline!

If you have not placed your graduation order yet, there is still time. Miners Graduate Services has extended the deadline.

Orders need to be placed by TODAY. Ordering after this new deadline will result in late fees, product restrictions and possible delivery delays.

Visit minersgrad.com to place your order.

THE JUNIOR PROJECT

South asks all of its students to complete a yearly post-high-school planning project. This year, the Junior Project is in the form of a Canvas course/module which each junior has been asked to accept into their Canvas account. It includes 13 computer-based tasks which are to be completed asynchronously **by March 18**. In order for the project to be useful, students need to work on it slowly over time, and I recommend that you start it as soon as you can. It is both a graduation requirement and an excellent planning tool. Feel free to email me (Lori Sauter) with any questions at sauter_l@4j.lane.edu. We are thankful to be able to provide students with materials and support in preparing for life ahead even during distance learning.

SOUTH LIBRARY BOOK CHECKOUT

YOU CAN NOW CHECK OUT LIBRARY BOOKS! [Use this link to see instructions and videos.](#)

South Library Book Pickup on **1st and 3rd Thursday of every month from 1:00pm-4:00pm** at the Auditorium (If these days/times won't work for you, contact Julie Vignoul (vignoul@4j.lane.edu) and we will arrange a pickup date and time that works for you)

2021 YEARBOOK

[Ordering a Yearbook](#)

The 2021 Eugenean Yearbook is now on sale directly through Jostens. You can make your 2021 pre-order purchase [HERE](#). Pricing and late purchases will look very different this year. Namely, we are selling 2021 yearbooks only via pre-order, and we will not have books available for sale at distribution in the spring as we have in the past.

Pricing calendar for 2020-21:

Dec. 26-March 12: Standard Pre-Order – \$60

March 13-April 16: Limited Supply on Pre-Orders – \$65

Jostens offers payment plans if you'd like to pay in three installments spread out over time. April 16 will be the last day to pre-order a 2021 yearbook.

GIRLS LACROSSE

There will be a shortened lacrosse season this spring and LaCrosse in the South Eugene region is looking for girls who are interested to join the team. This opportunity is open to all grades. We are also welcoming players who are new to the sport. If you are interested to find out more information about playing lacrosse this season, please send an email to southeugenelaxclub@gmail.com so we can keep you updated.

ATTENDANCE

As a reminder, students should make certain that they access each of that day's classes within Canvas to be counted as present. Students continue to be expected to access synchronous classes via Zoom as well as engaging in modules in Canvas. On Advisory (Flex) Days, students should open up **each** of their courses in Canvas. Each week on Monday afternoon, an automated phone call will go out to parents with information about the previous week's absences.

Attendance phone number: 541-790-8008

Attendance email: dialsehs@4j.lane.edu

COUNSELING INFORMATION

Live Chat with the Counselors: Every Tuesday and Thursday from 1:30-3:00 counselors are available online for immediate assistance. We're also extending our Live Chat hours for the next two weeks to help with forecasting questions and support. Please check the times and get access to the live chat bubble on the [Counseling Department webpage](#).

PARENT INVOLVEMENT

Friends of South- FOS is for parents first...not just alumni. All parents and volunteers wishing to support South programs with fundraising are invited. Email Dan.Ambrose@ambro.com for a zoom invitation/link. Meetings are usually held the second Monday of each month.

Please visit the [Friends of South website](#) to learn more.

Parent Council: All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings, although these meetings are typically held the first Monday of the month at 6:00pm, this month the meeting will be **Tuesday, February 9 at 6:00pm**. Interested parents can contact Jen Doerr at brad.jend@gmail.com for meeting details.

Site Council: South Eugene's Site Council meets monthly. In 2020-2021 we will be meeting the third Tuesday of each month from 4:00-5:00 and the meeting is accessible via this [link](#). Meetings are virtual this fall and open to the public, and interpretation can be made available.

NUTRITION SERVICES

<http://www.4j.lane.edu/nutrition/>

Eugene School District 4J is offering free meals 7 days a week for all 4J students and youth 18 years old and younger. Meals are available to grab-and-go from [10 sites](#) across the district. Please visit the link above for more information.

[Home delivery of meals](#) are also available to students who don't live near a meal pickup location or need assistance accessing meals. To request delivery to your home within the Eugene School District please complete the [request form](#) in [English](#) or [Spanish](#). Families who can't access the online form can call 541-790-7654.

St. JUDE'S- FREE FOOD BOX

St Jude's Catholic Church is the local host for the Archdiocese of Portland Food Box Distribution Plan in partnership with the USDA Farmers to Families Program and Pacific Coast Fruit Company. Every family is welcome to this FREE FOOD BOX on a first come-first served basis (max 2 boxes per car). Boxes will be given away **every Saturday from Jan. 30 - March 27** from 10:30AM - 12:30PM or until supplies are gone.

People just need to show-up at the parking lot of St. Jude Church at 4330 Willamette Street in Eugene. For further info, call the office of St. Jude Church at 541-344-1191

St. Jude Catholic Church welcomes people of all ages and stages: young adults, families, seniors and visitors alike. (www.StJudeEugene.org).

LTD

All K-12 grade students ride free. Students may show their school ID or tell the bus driver they're a student to ride free anywhere in the Eugene-Springfield area. LTD **will** resume fare collection on February 1st, but **not** for 4J students. . If your student is needing to s and last year's student passes are no longer active.

SCHOOL TO CAREERS

Junior and Senior Students, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at ruggles_k@4j.lane.edu for more information.

Did you take a College Now class last spring? Please check your MyLane account to verify that you registered and received your LCC credit. Email Kathy Ruggles if you have questions or need help with your L#.

WOMEN IN ENGINEERING

In recognition of [International Day of Women and Girls in Science](#), the College of Engineering at Oregon State University invites you to celebrate the achievements of our faculty and alumnae.

High school classes and students are encouraged to register and participate.

[Register](#) | [Panelist bios and more](#)

For questions or event access assistance, contact engineeringevents@oregonstate.edu.

STUDENT VOLUNTEER OPPORTUNITY

Kidsports is looking for high-school volunteers to help with their outdoor sports and PE clinics and camps. Weekday and weekend opportunities, 2-hour time commitments. All OHA and Lane County Covid protocols and procedures in place for these programs. [Programs needing volunteers](#). For more information, contact Beth Nitkowski, Kidsports Senior Sports Manager, at 541-683-2374, ext 213 or bethn@kidsports.org.

FEMA Youth Preparedness Council: The Federal Emergency Management Agency (FEMA) is looking for students in grades 8-11 interested in supporting disaster preparedness to join the Youth Preparedness Council. During their two-year terms on the council, members will take on projects at both a local and national level and develop their leadership and project management skills. The YPC application period is currently open and closes on 3/7/21@11:59 p.m. PST. Apply [HERE](#).

CAREER CENTER CHECK IN

Lori Sauter, SEHS Career Center Coordinator: Welcome to the Career Center Check In! I invite you to contact me with any questions that aren't answered in the e-news or on our website. That includes questions about applying to college, filling out the FAFSA, deciding about the SATs and ACTs during Covid, and any other college or career prep questions that plague you.

- sauter_l@4j.lane.edu
- 541-790-8052 (msg)
- I'm happy to arrange a Zoom conversation with you, as well.

College and Program Virtual Visits- Check out South's [College/Program Visits and Fairs](#) page for information about upcoming fairs and past visits.

- **U of South Florida, Tampa** (2/11@2:30 pm, [Zoom link](#))
- **MSU** (3/4@3:00 pm, [Zoom link](#))
- **Northern Arizona U** (3/11@1:30 pm, [Zoom link](#))
- **Cal Poly, San Luis Obispo** (3/16@2:30 pm, [Zoom link](#))

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- ECMC's *The College Place* will host a series of virtual [tours of Historically Black Colleges and Universities](#) on all Tuesdays and Thursdays in February at 3:30 pm.

Scholarships:

Upcoming South-Supported Scholarships: Check out our [Scholarships](#) web page for information. If you need a recommendation from a counselor for your application, please fill out this [form](#). And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

This Week's Featured Scholarships:

- The [OSAC Scholarships Application](#) is one of the best ways for Oregon students to apply for over 600 scholarships (to in- and out-of-state schools) ranging from \$1,000-\$10,000 with one easy online application. They are currently taking applications, and early applications (by 2/15) are entered into a drawing for a \$1,000 OSAC scholarship. Regular deadline is 3/1. The application requires personal statements. No minimum GPA or financial-need requirement for some scholarships. Completed FAFSA or ORSAA application recommended. Undocumented students welcome to apply.
- The [LCC Foundation](#) offers hundreds of scholarships to students with various career interests and GPAs planning to attend LCC. Use one online application to apply for multiple scholarships ranging from \$300 to \$7,000. A completed FAFSA or ORSAA is recommended. Undocumented students are welcome to apply. Must apply for LCC before applying for LCC Foundation scholarships. Apply for scholarships by 3/2.

Big Future Days: College Board is hosting virtual events for high-school students to connect directly with college admissions representatives and take action on the most important steps for college. You can attend any event and more than one. Explore your college options in each region! Students register [HERE](#).

[BigFuture Days West + Southwest](#) Saturday, February 6

[BigFuture Days Southeast](#) Tuesday, February 23

[BigFuture Days Northeast](#) Sunday, March 7

[BigFuture Days Midwest](#) Thursday, March 11

2/11/21, 2/14/21, 2/23/21: Registration deadlines for [free college-application workshops for Latinx seniors](#). These workshops are part of the MENTE Senior Institute, a four-week workshop initiative spanning the month of February. The goal is to support graduating Latinx seniors and provide relevant networking opportunities and tools covering topics such as scholarship and admission essays, financial literacy, applying to community colleges and four-year universities, and supporting DACAmented and undocumented students.

2/22/21: Due date for the [2021 Cooper Hewitt National High School Design Competition](#) at 8:59 pm PST. This competition challenges high-school students around the country to design a healthier world for all. Be ambitious, innovative, and bold! Create a sketch of your idea and describe how your design addresses the challenge. Please also use these Resources, including this new Learning Lab, to help guide you through the competition theme.

Missed out on the money management course (Youth Financial Foundations)? Connected Lane County will be sponsoring additional free DevNW Youth Financial Foundations courses this year on these dates:

- Thursdays 1-3pm: Feb 25, March 4, 11, 18, 25
- Wednesdays 1-3pm: April 21, 28, May 5, 12, 19
- Thursdays 1-3pm: May 6, 13, 20, 27, June 4
- Tuesdays 1-3pm: June 1, 8, 15, 22, 29

Check out the Connected Lane County [Calendar](#) for more information. DevNW also offers the [Courses](#) regularly for a fee (without a sponsor), in case the above times and dates don't work.

4/23/21: Virtual 2021 Asian American Youth Leadership Conference (AAYLC): Free, annual high-school program that invites students to learn and share in Asian and Pacific Islander topics, promote education, build self-confidence, and develop leadership skills. For additional details, visit www.aaylc.org. Register [here](#). Questions? Contact Katie Chanthakhoun, at registration@aaylc.org.

Career Experiences: The [calendar](#) for Connected Lane County is once again filling with interesting hands-on activities related to gaining career experience (and even a scholarship-prep course or two). Take a look!

[Connected Lane County YouTube channel](#) with local business tours and job skills webinars.