

South Eugene High School

NEWSLETTER

FEBRUARY 19, 2021

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SEHS Parents,

The South Eugene High School Newsletter will be emailed at least every other week on Friday and will contain much of the information usually shared within South's weekly e-News. Our goal is to make sure that all families have access to news, events, and opportunities at South.

Have a great weekend! Go Axe!

PICK-UP/DROP-OFF

As a reminder, SEHS is not open to the public. However, staff are checking email to respond to questions. You can reach our main office at 541-790-8000 between the hours of 8:00am - 4:00pm, Monday through Friday, for additional assistance.

Should you or your student need to pick-up/drop-off :

- Yearbook
- Textbooks
- Student ID card (temporary)
- Laptop
- Any school item

Pick-up/drop-off days are the 1st and 3rd Thursday of each month from 1:00pm - 4:00pm by the east side of the school.

Our next set date is for **Thursday, March 4.**

FORECASTING

Forecasting kicked off last week, and your student should have started the process of entering their class choices into StudentVue on Wednesday. **Students will be able to enter and edit their choices until February 25th at Midnight.**

Course Corrections are coming soon! Please check the [Scheduling website](#), and look under Forms, for the Google Course Correction form. Please remember to login using a 4j email to gain access to the forms. The Curriculum Guide is also available on the site if you have questions about certain courses.

For any other questions or concerns regarding Scheduling/Forecasting, please email us at southscheduling@4j.lane.edu.

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2021 GRADUATION

Parents interested in helping organize a celebration for our amazing Class of 2021, please email Jen at brad.jend@gmail.com.

For all graduation details please visit the [Class of 2021 webpage](#) on the SEHS website.

COUNSELING INFORMATION

Live Chat with the Counselors: Every Tuesday and Thursday from 1:30-3:00 Counselors are available online for immediate assistance. We're also extending our Live Chat hours for the next two weeks to help with forecasting questions and support. Please check the times and get access to the live chat bubble on the [Counseling Department webpage](#).

AP, IB AND COLLEGE NOW WEBINAR

If you missed the webinar on Monday, Feb. 15 and would like to view the recording of the AP, IB, and College Now Webinar [for students](#), please click on the link below.

AP, IB, and College Now Webinar for students: <https://vimeo.com/513161990>

PREVENTING SUICIDE AND PROMOTING MENTAL HEALTH: QPR (QUESTION, PERSUADE, REFER) TRAINING FOR FAMILIES

In collaboration with SEHS, Roosevelt Middle School, and Spencer Butte Middle School, SEHS Parent Council invites you to a QPR (Question, Refer, Persuade) webinar with Lane County's Suicide Prevention/Mental Health Promotion Coordinator Roger Brubaker. This QPR session will be tailored to the needs of parents and specifically address youth suicide prevention; however, many of the topics discussed will be applicable to other populations. All Eugene School District teachers and many staff have received training in QPR.

We truly hope that you can join us on **Tuesday, February 23 from 6:00pm-7:30pm.**

English to Spanish translation will be available. For other language or signing needs, please contact the main office and ask to speak with Kimberly Mejia.

Please click [HERE](#) to join the webinar on Feb. 23. Passcode: 655913

COFFEE CHATS FOR 4J PARENTS/CAFECITOS DE APOYO PARA PADRES DE 4J

Check in and chat! 4J parents and guardians are invited to join in monthly virtual coffee chats. These casual conversations will explore a different topic every month around emotional wellness, parenting and community resources. Join other parents and 4J social worker Maria Covernali. Questions? Email covernali_m@4j.lane.edu.

South Region:

English: Thursday, February 25, 6-7PM. [ZOOM link](#) (passcode: 100531)

Spanish: Miércoles, February 24, 6-7PM. [ZOOM link](#) (contraseña: 554397)

ROTARY 4-WAY TEST SPEECH COMPETITION

Students in Grades 9-12 have the opportunity to engage in the annual Rotary 4-Way Test Speech Competition. Our local Rotary Club, Southtowne Rotary, sponsors the competition each year and this year the early rounds of the competition will take place on Zoom. Information about the speech competition is attached, and **we're asking interested students to submit an entry form by the end of Trimester 2 (March 18, 2021).**

South Eugene will hold individual auditions via Zoom the week of April 5-9 and then submit names of selected students to the next level of competition at the Southtowne Rotary Club meeting on April 22. SEHS principal Carey Killen will hold an **optional informational session for interested**

students on Wednesday, Feb. 24 at 12:30pm. Students can access the session on Wed. by clicking [HERE](#) (Passcode: 860310).

For more information (Student Entry Form & Contest Rules) please click [HERE](#).

2021-2022 SCHOOL CHOICE

School Choice Request Period:

- 4J resident transfer application for lottery: **Closed.** Lottery to be held by Feb. 15, 2021
- Non-resident transfer application for lottery: March 1–31, 2021
- Post-lottery application opening: May 1, 2021

Please visit the 4J website for more information [HERE](#).

THE JUNIOR PROJECT

South asks all of its students to complete a yearly post-high-school planning project. This year, the Junior Project is in the form of a Canvas course/module which each junior has been asked to accept into their Canvas account. It includes 13 computer-based tasks which are to be completed asynchronously **by March 18**. In order for the project to be useful, students need to work on it slowly over time, and I recommend that you start it as soon as you can. It is both a graduation requirement and an excellent planning tool. Feel free to email me (Lori Sauter) with any questions at sauter_l@4j.lane.edu. We are thankful to be able to provide students with materials and support in preparing for life ahead even during distance learning.

SOUTH LIBRARY BOOK CHECKOUT

YOU CAN NOW CHECK OUT LIBRARY BOOKS! [Use this link to see instructions and videos.](#)

South Library Book Pickup on **1st and 3rd Thursday of every month from 1:00pm-4:00pm** at the *Auditorium* (If these days/times won't work for you, contact Julie Vignoul (vignoul@4j.lane.edu) and we will arrange a pickup date and time that works for you)

GET A EUGENE PUBLIC LIBRARY CARD!

You automatically qualify for an EPL card by being a 4J student, regardless of where you live.

If you don't already have a Eugene Public Library card, you should use this information to get one.

It will give you free online ebooks, audiobooks, movies and music!

Call 541-682-5450 to renew a library card that has expired.

Click [this form](#) to fill out and take to EPL, or call 541-682-5450 and you will be set up with a library card over the phone. It will provide you free access to all of [EPL's eBooks & Streaming resources.](#)

SOUTH BOOK CLUB

Instagram: @sehs.bookclub

Meets every Wednesday, during Advisory, at 12:00pm and welcomes all students!

Please join us using the [Zoom link](#). Meeting ID: 913 1479 3740. Passcode: 965498

We also have a Canvas course where we discuss books and reading choices that you can request to join by emailing Julie Vignoul at vignoul@4j.lane.edu.

2021 YEARBOOK

Ordering a Yearbook

The 2021 Eugenean Yearbook is now on sale directly through Jostens. Make your 2021 pre-order purchase [HERE](#). Namely, we are selling 2021 yearbooks only via pre-order, and we will not have books available for sale at distribution in the spring as we have in the past.

Pricing calendar for 2020-21:

Dec. 26-March 12: Standard Pre-Order – \$60

March 13-April 16: Limited Supply on Pre-Orders – \$65

Jostens offers payment plans if you'd like to pay in three installments spread out over time. April 16 will be the last day to pre-order a 2021 yearbook.

GIRLS LACROSSE

There will be a shortened lacrosse season this spring and LaCrosse in the South Eugene region is looking for girls who are interested to join the team. This opportunity is open to all grades. We are also welcoming players who are new to the sport. If you are interested to find out more information about playing lacrosse this season, please send an email to southeugenelaxclub@gmail.com so we can keep you updated.

ATTENDANCE

As a reminder, students should make certain that they access each of that day's classes within Canvas to be counted as present. Students continue to be expected to access synchronous classes via Zoom as well as engaging in modules in Canvas. On Advisory (Flex) Days, students should open up **each** of their courses in Canvas. Each week on Monday afternoon, an automated phone call will go out to parents with information about the previous week's absences.

Attendance phone number: 541-790-8008

Attendance email: dialsehs@4j.lane.edu

NATIONAL HONOR SOCIETY NEWS

Applications to apply for NHS will be available to next year's juniors and seniors, beginning March 15. Students will contact Barb Keyworth, NHS Advisor, directly for an application packet. Minimum qualifications include junior or senior standing in the 2021-2022 school year and a cumulative grade point average of 3.60 or higher. Students may direct questions to Ms. Keyworth at keyworth_b@4j.lane.edu

PARENT INVOLVEMENT

Friends of South- FOS is for parents first...not just alumni. All parents and volunteers wishing to support South programs with fundraising are invited. Email Dan.Ambrose@ambro.com for a zoom invitation/link. Meetings are usually held the second Monday of each month.

Please visit the [Friends of South website](#) to learn more.

Parent Council: All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings, although these meetings are typically held the first Monday of the month at 6:00pm. Interested parents can contact Jen Doerr at brad.jend@gmail.com for meeting details.

Site Council: South Eugene's Site Council meets monthly. In 2020-2021 we will be meeting the third Tuesday of each month from 4:00-5:00 and the meeting is accessible via this [link](#). Meetings are virtual this fall and open to the public, and interpretation can be made available.

NUTRITION SERVICES

<http://www.4j.lane.edu/nutrition/>

Eugene School District 4J is offering free meals 7 days a week for all 4J students and youth 18 years old and younger. Meals are available to grab-and-go from [10 sites](#) across the district. Please visit the link above for more information.

[Home delivery of meals](#) are also available to students who don't live near a meal pickup location or need assistance accessing meals. To request delivery to your home within the Eugene School District please complete the [request form](#) in [English](#) or [Spanish](#). Families who can't access the online form can call 541-790-7654.

St. JUDE'S- FREE FOOD BOX

St Jude's Catholic Church is the local host for the Archdiocese of Portland Food Box Distribution Plan in partnership with the USDA Farmers to Families Program and Pacific Coast Fruit Company. Every family is welcome to this FREE FOOD BOX on a first come-first served basis. Boxes will be distributed **every Saturday** from Jan. 30 - March 27 **from 10:30AM-12:30PM** or until supplies last.

People just need to show-up at the parking lot of St. Jude Church at 4330 Willamette Street in Eugene. For further info, call the office of St. Jude Church at 541-344-1191

St. Jude Catholic Church welcomes people of all ages and stages: young adults, families, seniors and visitors alike. (www.StJudeEugene.org).

LTD

All K-12 grade students ride free. Students may show their school ID or tell the bus driver they're a student to ride free anywhere in the Eugene-Springfield area. LTD **will** resume fare collection on February 1st, but **not** for 4J students. . If your student is needing to s and last year's student passes are no longer active.

SCHOOL TO CAREERS

Junior and Senior Students, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at ruggles_k@4j.lane.edu for more information.

Are you taking a **College Now class** and have questions? The deadline for registration for Winter Term is February 26th! Email Kathy Ruggles asap if you have questions or need help with your L#.

WORK STUDY INFORMATION

All sophomores and juniors interested in Work Study positions for next fall, we are excited to hear from you! Please send Kathy Ruggles, School-To-Careers Coordinator, ruggles_k@4j.lane.edu the following; your current resume with references, availability for a one or two period position and a list of forecasted classes.

As the Curriculum Guide states, Work Study consists of paid positions at South Eugene and other South region schools. Students do not forecast for Work Study, rather there is an interviewing and hiring process for open positions. Positions include office assistants, cafeteria assistants and custodial assistants.

Please forecast for a full schedule, in the event that you are not hired. Many factors are considered in this process. However, all interested students are encouraged to apply. Thank you!

WOMEN IN ENGINEERING

In recognition of [International Day of Women and Girls in Science](#), the College of Engineering at Oregon State University invites you to celebrate the achievements of our faculty and alumnae.

High school classes and students are encouraged to register and participate.

[Register](#) | [Panelist bios and more](#)

For questions or event access assistance, contact engineeringevents@oregonstate.edu.

STUDENT VOLUNTEER OPPORTUNITY

Kidsports is looking for high-school volunteers to help with their outdoor sports and PE clinics and camps. Weekday and weekend opportunities, 2-hour time commitments. All OHA and Lane County Covid protocols and procedures in place for these programs. [Programs needing volunteers](#). For more information, contact Beth Nitkowski, Kidsports Senior Sports Manager, at 541-683-2374, ext 213 or bethn@kidsports.org.

FEMA Youth Preparedness Council: The Federal Emergency Management Agency (FEMA) is looking for students in grades 8-11 interested in supporting disaster preparedness to join the Youth Preparedness Council. During their two-year terms on the council, members will take on projects at both a local and national level and develop their leadership and project management skills. The YPC application period is currently open and closes on 3/7/21@11:59 p.m. PST. Apply [HERE](#).

CAREER CENTER CHECK IN

Lori Sauter, SEHS Career Center Coordinator

Contact: sauter_l@4j.lane.edu, 541-790-8052 (msg), or Zoom!

Welcome to the Career Center Check In! I invite you to contact me with any questions that aren't answered in the newsletter or on our website. That includes questions about applying to college, filling out the FAFSA, deciding about the SATs and ACTs during Covid, and any other college or career prep questions that plague you.

College and Program Virtual Visits:

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- **Central Oregon Community College** (2/23@1:30 pm, [Zoom link](#))
 - **MSU** (3/4@3:00 pm, [Zoom link](#))
 - **Northern Arizona U** (3/11@1:30 pm, [Zoom link](#))
 - **U of O** (3/15@2:30 pm, [virtual visit link](#))
 - **Cal Poly, San Luis Obispo** (3/16@2:30 pm, [Zoom link](#))
 - **San Diego State U** (5/18@1:30 pm, [Zoom link](#))
 - ECMC's *The College Place* will host a series of virtual [tours of Historically Black Colleges and Universities](#) on all Tuesdays and Thursdays in February at 3:30 pm.
 - Check out South's [College/Program Visits and Fairs](#) page for information about upcoming fairs and past visits.

Scholarships:

- **Upcoming South-Supported Scholarships:** [O\[Yes\] Media Contest \(2/19\)](#); [The Dream US Scholarship \(2/25\)](#); [The Dream US Scholarship \(2/25\)](#); [Doodle 4 Google \(2/26\)](#); [Mente Summit Scholarship \(2/28\)](#); [Portland Trail Blazers Legends Scholarship \(3/1\)](#); [Theodore and Dorothy Schultz Memorial Scholarship \(3/1\)](#); [Wayne Morse Legacy Scholarship \(3/1\)](#); [Oregon Community Leadership Scholarship - Harrington Family Foundation \(3/1\)](#); [Oregon Farm Bureau Memorial Scholarship \(3/1\)](#); [4-H Scholarships \(3/1\)](#); [Oregon Chafee Education and Training Grant \(3/1\)](#); [Oregon Farm Bureau Scholarships \(3/1\)](#); [Pacific Northwest Association for College Admission Counseling \(PNACAC\) Student Scholarship \(3/1\)](#); [OSAC - Oregon Student Access Commission \(3/1\)](#); [American Council of Engineering Companies of Oregon Scholarship \(3/1\)](#); [Princeton Prize in Race Relations \(3/1\)](#); [COSA - Confederation of Oregon School Administrators Youth Development Scholarships \(3/1\)](#); [Ford Family Foundation \(3/1\)](#); [Oregon Cheerleading Coaches Association \(OCCA\) Academic Scholarship \(3/1\)](#); [OSEA Guy Davis and Past Presidents Scholarships \(3/1\)](#); [Seneca Scholarship \(3/1\)](#); [Verl and Dorothy Miller Native American Trade/Vocation Scholarship \(3/1\)](#).

This Week's Featured Scholarships:

- The [Ford Family Foundation](#) awards up to 130 renewable awards to students with financial need from Oregon who will attend an Oregon school. Amounts are up to 90% of the recipient's unmet financial need with a limit of \$40,000 per year. Recipients also get academic guidance, leadership development, personal and professional support, and access to the Ford Family alumni network. Must demonstrate leadership potential, good character, and work ethic. Volunteer, community service, and work experience preferred. Requires transcript and three personal statements. Minimum 3.0 GPA or submit a special counselor recommendation. Open to undocumented residents. **Apply by 3/1.**
- The [Singer Foundation](#) offers 15 renewable scholarships of \$2,500 to \$6,000 to Eugene area students (undocumented students invited to apply) with financial need who plan to attend a four-year school. Awards support qualified students who, for financial reasons, might otherwise be unable to afford a four-year university and those who need additional assistance. The selection criteria may include, but are not limited to: academic achievements (GPA 3.0+), involvement in extracurricular activities, and expectations for success in a university setting. Applicants submit a Google form, unofficial transcript, SAT/ACT scores (if available), activity list, and FAFSA document. Four SEHS students advance to the final selection and will be asked to complete additional information. **Apply by 3/2.**
- The [Quest Bridge College Prep Scholarship for HS Juniors](#) is a program to help high-achieving students access top-tier colleges. This award provides resources to

high-school juniors, nationally, who have shown academic excellence despite facing long-term economic challenges. Awards may include a summer program, admissions conference invitation, one-on-one counseling, expense-paid college visit and/or tele-mentoring with college students. Typical candidates are in the top 5-10% of their class, scored over 1260 SAT/27 ACT, first generation in their family to go to college and eligible for free/reduced lunch. Students admitted to the Quest Bridge College Match program (applications due fall of senior year) receive a full scholarship to one of 35 of the nation's most selective colleges. **Apply by 3/24.**

Check out our [Scholarships](#) web page for information. If you need a recommendation from a counselor for your application, please fill out [this form](#) and give at least two weeks' notice.

2/22/21: Due date for the [2021 Cooper Hewitt National High School Design Competition](#) at 8:59 pm PST. This competition challenges high-school students around the country to design a healthier world for all. Create a sketch of your idea and describe how your design addresses the challenge. Please also use these [Resources](#), including this new [Learning Lab](#), to help guide you through the competition theme.

2/23/21: Registration deadline for [free college-application workshops for Latinx seniors](#). These workshops are part of the MENTE Senior Institute, a four-week workshop initiative spanning the month of February. The goal is to support graduating Latinx seniors and provide relevant networking opportunities and tools covering topics such as scholarship and admission essays, financial literacy, applying to community colleges and four-year universities, and supporting DACAmented and undocumented students.

Big Future Days: College Board is hosting virtual events for high-school students to connect directly with college admissions representatives and take action on the most important steps for college. You can attend any event and more than one. Explore your college options in each region! Students register [here](#).

[BigFuture Days Southeast](#) Tuesday, February 23

[BigFuture Days Northeast](#) Sunday, March 7

[BigFuture Days Midwest](#) Thursday, March 11

Missed out on the money management course (Youth Financial Foundations)? Connected Lane County will be sponsoring additional free DevNW Youth Financial Foundations courses this year on these dates:

Thursdays 1-3pm: Feb 25, March 4, 11, 18, 25

Wednesdays 1-3pm: April 21, 28, May 5, 12, 19

Thursdays 1-3pm: May 6, 13, 20, 27, June 4

Tuesdays 1-3pm: June 1, 8, 15, 22, 29

Check out the Connected Lane County [calendar](#) for more information. DevNW also offers the [courses](#) regularly for a fee (without a sponsor), in case the above times and dates don't work.

2/26/21: 17th Annual Raices Unidas Youth Conference from 10 am-2:30 pm. Free all-day event with keynote speakers, workshops, and other activities for Latinx high-schoolers. Theme: Nuestra Lucha Sigue (Our Fight Continues) with a goal of inspiring our youth to fight for change, strive for equity, and demonstrate unity amongst all Latinx communities. [RUYC Registration Link](#). [Registration Help Link](#).

3/18/21: Cal Poly San Luis Obispo, San Diego State, University of the Pacific, University of Redlands, and University of San Francisco are excited to invite you to a virtual event to explore colleges in California from 7-8 pm. This session will share the benefits of going to college in California, profiles on each participating college, and an overview of the application process. Sign up for this event [HERE](#).

4/23/21: [Virtual 2021 Asian American Youth Leadership Conference \(AAYLC\)](#): Free, annual high-school program that invites students to learn and share in Asian and Pacific Islander topics, promote education, build self-confidence, and develop leadership skills. Register [here](#). Questions? Contact Katie Chanthakhoun, at registration@aaylc.org.

Northwest Youth Corps/Idaho Conservation Corps registration open. Challenging education and job-training experiences that help youth and young adults develop the skills they need to lead full and productive lives. Programs include residential conservation crews, local community crews, an internship program for college-aged participants, a fully accredited high school, and a two-acre organic farm. Learn more about [NWYC/ICC Programs](#). [NWYC/ICCC 2021 summer schedule](#). [How to apply](#).

Working on a scholarship or college essay? Schedule an “office hours” slot and get personalized feedback and ideas from UO faculty and SAIL staff. Sign up [HERE](#).

Heading to LCC in fall 2021? Sign up for **RTEC 101**, a *FREE*, 1-2 credit, online course offered by LCC to help students become familiar with the school’s resources, financial-aid process, and academic pathways. This is a great confidence booster! What do you need to do?

- Turn in an [under 18 form](#) (if applicable) to Brenda Williams (RTEC 101 faculty member, williamsb@lanecc.edu, 541-463-3443). (Do *not* turn it in to LCC’s Enrollment Services.)
- Have a [college now application](#) on file.
- [Reserve your spot for the class online form](#). Registration before the first day is required. Brenda will register you if requested.

Career Experiences: The [calendar](#) for Connected Lane County is once again filling with interesting hands-on activities related to gaining career experience (and even a scholarship-prep course or two). Take a look!

The UO’s SAIL Program guides high-school students and their families through college and career preparation. [Here](#) are some of the free, virtual programs they’ve been offering this year. Workshops have ended for winter break but will resume on 1/13/21. All SAIL faculty presentations, college and career readiness workshops, and SAIL workshops are recorded, and students can access earlier presentations at [UO SAIL recorded presentations](#). Bonus! Go to [SAIL Instagram](#) for info on scholarships, community resources, and other opportunities for students.

[Connected Lane County YouTube channel](#) with local business tours and job skills webinars.