

SOUTH EUGENE HIGH SCHOOL

eNews 10-30-20

Dear Parents and Friends of South Eugene High School,

Here is the latest eNews from SEHS. Stay safe everyone. . .

Best.

Jeff Cook (Parent Council Volunteer)

Links to SEHS resources: Main website, Full calendar, Athletics calendar.

FALL 2020

Weekly Schedule: The Week of Nov. 2-6 students will have FIVE days of school as follows: Mon., Nov. 2--- A Day (Per. 1, 2, 3) and asynchronous/applied learning time.

Tues., Nov. 3--- B Day (Per. 4, 5, 0) and asynchronous/applied learning time.

Wed., Nov. 4--- Advisory and asynchronous/applied learning time for Periods 0-5

Thurs., Nov. 5--- A Day (Per. 1, 2, 3) and asynchronous/applied learning time.

Fri., Nov. 6--- B Day (Per. 4, 5, 0) and asynchronous/applied learning time.

Parent email from Principal: click HERE to view.

Drop-off and Pick-up of school items: Starting in November, school distribution dates will be the first and third Thursday of the month only. In November, times include **November 5 and 19** from 1pm-4pm. If there is a need for mass collection/distribution, we'll publish a new plan. Students or parents/guardians are able to pick up textbooks and materials for specific classes during this time, as well as laptops, yearbooks, new student enrollment packets, free and reduced lunch applications, and Eugene library card applications.

Canvas:

For Students: https://www.4j.lane.edu/instruction/canvas/

Once logged in, students may access their synchronous class through the Zoom link in the blue vertical menu in their course within Canvas.

For Parents: https://4j.instructure.com/login/canvas

Parents have the ability to become an **Observer** in a Canvas course and see coursework planned for students and their student's grades (above link). Observers can find additional information about navigating Canvas by clicking on this <u>Canvas Observer Guide</u>.

Grading and Student Progress: It is important for families to know that StudentVUE/ParentVUE are still available for student schedule and attendance information. Also, on Progress Report Grading Day (Oct. 23) and on Trimester 1 Grading Day (Dec. 11), teachers will input the letter grade from Canvas into StudentVUE/ParentVUE for official reports at those two times of the term.

However, families should not anticipate using StudentVUE/ParentVUE for information on students' grades between reporting periods unless the teacher has indicated that they are using Synergy as well as Canvas. In fact, please be aware that StudentVUE/ParentVUE may *not* be synched to Canvas for many classes and may not provide an accurate picture of students' progress. In short, parents should plan to access students' grades through Canvas for the most accurate picture of students' progress during the trimester.

GRADUATION

Senior Students/Families,

It is now time to begin the ordering process for the Class of 2021 Graduation. Due to the pandemic, the process to order will be primarily done remotely. Orders need to be placed through Miners Graduate Services.

Orders need to be placed by <u>Wednesday</u>, <u>December 9th</u>, <u>2020</u>. Orders placed after this date will be subject to late fees and product restrictions.

Ordering packets are available in the school for students that do not plan on placing an order online. Please call the school if you wish to pick up a packet.

Please visit Miners Graduate Services webpage or call them at 541-689-4588.

This year's graduation ceremonies, provided we are able to have live ceremonies:

SEHS: Tuesday, June 8, Silva Hull, 7:00pm IHS: Monday, June 7, Silva Hall, 7:00pm

COUNSELING INFORMATION

Attention Seniors! We know many of you are working on your college applications right now, or will be soon. Please refer to our Class of 2021 webpage for instructions on how we're

gathering and tracking what you need from us. On that page you will find the College Materials Request Form and Senior Interview Newsletter which leads you through the process.

Live Chat with the Counselors: Every Tuesday and Thursday from 1:30-3:00 counselors are online available for immediate assistance. The live chat bubble can be found on the Class of 2021 and <u>Counseling Department webpage</u>.

Advanced Placement (AP) Information is now available on the SEHS website found <a href="https://example.com/her

PARENT INVOLVEMENT

Parent Council: All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings, which typically are held the first Monday of the month at 6:00pm. Our next meeting is coming up Monday, Nov. 2 via Zoom. Interested parents can contact Jen Doerr at brad.jend@gmail.com for meeting details.

Site Council: South Eugene's Site Council meets monthly. In 2020-2021 we will be meeting the third Tuesday of each month from 4:00-5:00, with our next meeting coming up Nov. 17, and accessible via this <u>link</u>. Site Council consists of teachers, classified staff, student representatives, administrator, and parent representatives. Meetings are virtual this fall and open to the public, and interpretation can be made available. If you are interested in attending, please reach out to Carey Killen at <u>killen_c@4j.lane.edu</u>.

Friends of South: Send an email to dan.ambrose@ambro.com to join or go to <u>Friends of South website</u> to learn more. Friends of South is a great non-profit point of connection for SEHS alumni and community members interested in supporting South Eugene. Meetings are usually held the second Monday of each month.

OPEN AGAIN - FREE TREATMENT PROGRAM FOR TEEN DRUG USE

Adolescent and Family Services (AFS) is once again accepting new clients for enrollment in our no cost community resource for families dealing with teen drug use. We are following all COVID-19 safety precautions to keep everyone safe, and therapy sessions are currently being provided virtually via Telehealth. AFS, a clinic at the Oregon Social Learning Center, is providing an evidence-based drug and alcohol treatment for teens ages 12-18. With a grant from the National Institute on Drug Abuse, this treatment is provided at no cost to families as part of a research study. This family-based, outpatient counseling may be delivered in English

or Spanish, and focuses on helping parents and youth learn new skills to deal with drug and alcohol problems. For more info see https://www.odiclinic.org/afs/ or contact Jenene Peterson at afs@oslc.org or 458-215-9505.

OPHELIA'S PLACE WOMEN'S ADVISORY COUNCIL FOR YOUTH (WACY)

WACY is a volunteer group for girls 14-18 committed to leadership, empowerment, and equality for all people. We support the mission of OP through awareness raising, advocacy, and fundraising activities! Youth-led and directed, join us to make a difference, make friends, and get volunteer experience. It's also a great chance to practice leadership, learn new skills, and understand what it means to work on projects as part of an organization. WACY is currently recruiting for the 2020-2021 school year. Facilitated by OP staff and interns every Wednesday from 4-5 p.m. through Zoom!

To join WACY or learn more about this program, visit our website at HERE, call 541-284-4333, or email info@opheliasplace.net.

NUTRITION SERVICES

New Sites have been established for 2020-2021 and are up and running. http://www.4j.lane.edu/nutrition/

Eugene School District 4J is offering free meals 7 days a week for all 4J students and youth 18 years old and younger. Meals are available to grab-and-go from 10 sites across the district, from 10:45 a.m.–2 p.m. each school day. Daily meal menus are available online. Extra meals for the weekend are provided on Fridays.

The district also offers <u>home delivery of meals</u> to children who don't live near a meal pickup location or need assistance accessing meals.

To request delivery to your home within the Eugene School District please complete the <u>request</u> <u>form</u> in <u>English</u> or <u>Spanish</u>. Families who can't access the online form can call 541-790-7654. Requests made after October 5 are expected to be added to the daily delivery routes within 7–10 school days.

South Eugene Region

- Roosevelt Middle School, 500 East 24th Avenue
- Spencer Butte Middle School, 500 East 43rd Avenue

CHILDCARE OPTIONS

https://www.4j.lane.edu/2020/10/4j-partners-to-offer-childcare/

Eugene School District 4J is providing space and partnering with local childcare providers to offer families childcare options for their elementary school students. Childcare will be offered at the school sites at least until students return to in-person learning in a hybrid model, which will be January 5 at the earliest.

Please contact the providers to enroll in childcare or to ask about financial assistance. Per their agreement with 4J, these childcare providers must offer some scholarship opportunities.

Program: Eugene Creative Care

Location: Arts & Technology Academy, 1650 West 22nd Ave.

Program: Eugene Family YMCA

Location: Cal Young Middle School, 2555 Gilham Rd.

Program: Eugene Family YMCA

Location: Roosevelt Middle School, 500 East 24th Ave.

Program: Treetop Academics

Location: Roosevelt Middle School, 500 East 24th Ave.

FREE LIBRARY CARD

Now all students in 4J schools can get a Eugene Public Library card for free—whether or not they live within the Eugene city limits.

Non-residents normally must pay an \$11 fee per month for a Eugene Public Library card. That fee is being waived for the several hundred 4J students who live outside the city limits, under a three-year pilot partnership of Eugene School District 4J, Eugene Public Library, and Eugene Public Library Foundation.

Families may apply for a library card for their student by mail, by phone, or in person. For more information please visit <u>this webpage</u>.

SCHOOL TO CAREERS

Junior and Senior Students, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at ruggles_k@4j.lane.edu for more information.

Did you take a College Now class last spring? Please check your MyLane account to verify that you registered and received your LCC credit. Email Kathy Ruggles if you have questions or need help with your L#.

CAREER CENTER CHECK IN

Lori Sauter, SEHS Career Center Coordinator: Welcome to the Career Center Check In! I invite you to contact me with any questions that aren't answered in the e-news or on our website. That includes questions about applying to college, filling out the FAFSA, deciding about the SATs and ACTs during Covid, and any other college or career prep questions that plague you.

• <u>sauter l@4j</u>.lane.edu

- 541-790-8052
- Happy to arrange a Zoom conversation with you, as well

College and Program Virtual Visits:

South students have tons of opportunities to explore colleges virtually this fall. Here are just a few of them. Check out South's *College/Program Visits and Fairs* page for more.

- College of the Holy Cross (11/2@1-1:30 pm, https://holycross.zoom.us/j/95596740465)
- Colorado College (11/2@1:30-2 pm, virtual visit link)
- Wentworth Institute of Technology (11/2@2-2:30 pm, https://wentworth.zoom.us/j/87582514874?pwd=eGIMZWxmZXMrU1InQkg1SHY4ZGVIUT09)
- Long Island U-Post (11/2@2:30-3 pm, https://liu.zoom.us/j/94716976369?pwd=ZTBpS2VaMVIKandIS1BxLzc0enI5UT09)
- Colorado State U-Fort Collins (11/2@3-3:30 pm, https://zoom.us/j/97792539005)
- College of Idaho (11/3@1-1:30 pm, virtual visit link)
- SOU (11/3@3-3:30 pm, https://sou.zoom.us/j/81515937878)
- Seton Hall U (11/5@2:30-3 pm, virtual visit link)
- Central Oregon CC (11/5@3-3:30, <u>https://cocc.zoom.us/meeting/register/tJlode-rqzgvHdDlqyQJXSGR8hCQKWRszsFz</u>)

Scholarships:

Upcoming South-Supported Scholarships (due dates in parentheses):

WTS Portland Shelley Holly Transportation YOU Scholarship (10/30); Evans Scholarship for Caddies (10/30); Jack Kent Cooke College Scholarship Program (10/30); National Action Council for Minorities in Engineering (10/30); Coca-Cola Scholars Foundation Scholarships (10/31); National Security Agency: Stokes Educational Scholarship Program (10/31); Voice of Democracy - Local Sponsor VFW Post 293 (10/31); Stamps Leadership Scholar University of Oregon (11/1); National Security Language Initiative for Youth (NSLI-Y) (11/5).

This Week's Featured Scholarships:

- The <u>Prudential Spirit of Community Award</u> gives \$1,000 to state winners and \$5,000 to national winners. The award recognizes exemplary community service by students, specifically initiative, effort, impact, and personal growth gained from the activity. Applicant must have engaged in a volunteer activity that occurred during the 12 months prior to the date of the application. Apply by 11/10.
- The Elks Most Valuable Student Scholarship awards \$1,250 and \$750 to Eugene-area students with financial need who will attend a 4-year school. Selection based on leadership, academic achievements, community involvement, and financial need. Local winners advance to district, state and national competitions for awards of up to \$50,000. In recent years, local students have successfully competed at higher levels, including the national contest. Requires transcript and FAFSA. SAT/ACT scores waived for 2020-21. Affiliation with Elks organization is not required. Must be U.S. citizen. Apply by 11/15.
- Oregon and Northwest Scholarship List
- <u>Full Tuition Scholarships at Oregon Colleges</u>. A full scholarship covers tuition and fees, often
 for more than one year, and may cover other college costs like housing and books. Although
 many of these scholarships are very competitive, Portland State University, Western Oregon
 University, and University of Oregon have programs open to all Pell-eligible Oregonians with a
 minimum GPA.

- Latinx, Hispanic & Immigrant Scholarship List
- Aid for high-achieving juniors & seniors with financial need
- Check out our <u>Scholarships</u> web page for more information. And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

<u>College Application and Essay Assistance</u> from Pacific University admissions counselors (no need to apply to Pacific U to get help). Called PacU Pop-Ups, these assistance sessions take place every day of the week all fall.

The UO's SAIL Program guides high-school students and their families in college and career preparation. Here are some of the free, virtual programs they're offering this year. Strongly recommended! (All SAIL faculty presentations are recorded and students can access the earlier presentations at UO SAIL Recorded Faculty Presentations.)

College and Scholarship Essay Assistance from the UO's SAIL Program. Students seeking feedback with college and/or scholarship essays may register for "office hours" on Wednesdays from 2-4 pm with UO faculty and SAIL staff. Students will need to submit essays on Monday, prior to their assigned Wednesday office-hour time slot.

More College and Scholarship Essay Assistance. South students are invited to contact Lori Sauter in the career center (<u>sauter l@4j.lane.edu</u>) to arrange for help with their essays, as well!

Career and Job Prep. Check out <u>Elevate's fall calendar</u>. It's chock full of free virtual industry tours, virtual job shadows, job-skill webinars, and more. Questions? Email Elevate at <u>info@connectedlanecounty.org</u> for more information.

Seniors! It is now time to submit your <u>FAFSA</u> and <u>ORSAA</u>. These are critical financial-aid applications, and seniors should fill out one or the other if they're hoping for *any* financial aid from *any* source. Students who are U.S. citizens, permanent residents, or eligible non-citizens with social security numbers should fill out the FAFSA, regardless of their parents' status. Eligible DACA-mented and undocumented students should fill out the ORSAA, instead. Details here: <u>What Students Need: FAFSA/ORSAA</u> (also in <u>Spanish</u>). And here: <u>How to Apply for FAFSA 2020-2021</u>

How To Complete FAFSA If Your Parents Do Not Have a Social Security Number

Researching Whether a College is at Risk of Closing blog post by financial-aid journalist Lynn O'Shaughnessy

10/30/20: Due date to apply for the **2020-21 Western Aerospace Scholars (WAS) Junior Program**. This **free** program consists of two components: an online distance-learning course that takes place between November 1, 2020 and early March, 2021 and a summer experience, both specifically designed for high-school juniors interested in science, technology, engineering and math (STEM) fields through the exploration of space and space travel. If students successfully complete the online course, they are invited to participate in the six-day summer experience. The <u>WAS application</u> is available now.

11/2/20: Elevate Lane County's <u>Manufacturing Mondays Live Tours</u>. Join each Monday in October from 10-11am for a live-streamed inside look at four of Lane County's leading manufacturers. Students can ask questions in real time and hear from potential employers about all the diverse jobs available to them in one of Lane County's largest industries. Check out their promo video <u>here</u>. Register <u>here</u>.

11/4-12/16/20: <u>UO faculty presentations</u>. Every Wednesday from 11:45-12:45, faculty from across the university will volunteer their time for one-hour presentations highlighting their fields of study. Sessions will be streamed live on YouTube.

11/5/20: (Virtual) FAFSA Completion Workshop, 7 pm via Zoom meeting. Answers to your questions and personal assistance in completing the Free Application for Federal Student Aid (FAFSA). Be prepared—have on hand your SSN and your most up-to-date tax and financial information. Complete your FSAID (<u>fsaid.ed.gov</u>) beforehand, if possible. RSVP required to access Zoom link. Please do not share link with other people, but instead, ask them to RSVP, as well. Language interpreters available. Email Lori Sauter (sauter_l@4j.lane.edu) to RSVP, access Zoom link, and arrange for an interpreter.

11/8/20: NACAC Virtual College Fair, 11 am-7 pm PST. More than 600 colleges and universities will offer live and interactive Zoom sessions and more. Sign up at wirtualcollegefairs.org. Find out what to expect here.

11/15/20: National Portfolio Day. Free virtual event for Oregon students from 9 am-1 pm. Event offers students the opportunity to visit reps from national and international art and design schools and receive critiques of their work.

Heading to LCC in fall 2021? Sign up for RTEC 101, a *FREE*, 1-credit, online course offered by LCC to help students become familiar with the school's resources, financial-aid process, and academic pathways. This is a great confidence booster! What do you need to do?

- Turn in an <u>under 18 form</u> (if applicable) to Brenda Williams (RTEC 101 faculty member, <u>williamsb@lanecc.edu</u>, 541-463-3443).
- Have a college now application on file.
- Reserve your spot for the class online form. Registration before the first day is required. Brenda will register you if requested.

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email me at hadley_j@4j.lane.edu. In addition, this change is for the eNews list only. If you wish the SEHS office to make this change in their records, please call the office at <u>541-790-8000</u>.

View previous editions of eNEWS at https://npogroups.org/lists/arc/sehs

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