



# SOUTH EUGENE HIGH SCHOOL

eNews

10-23-20

Dear Parents and Friends of South Eugene High School,

Here is the latest eNews from SEHS. Stay safe everyone. . .

Best,

Jeff Cook (Parent Council Volunteer)

Links to SEHS resources: [Main website](#), [Full calendar](#), [Athletics calendar](#).

## FALL 2020

### **Weekly Schedule:**

The Week of Oct. 26-30 students will have FOUR days of school as follows:

Mon., Oct. 26---A Day (Per. 1, 2, 3) and asynchronous/applied learning time.

Tues., Oct. 27---B Day (Per. 4, 5, 0) and asynchronous/applied learning time.

Wed., Oct. 28--- A Day (Per. 1, 2, 3) and asynchronous/applied learning time.

Thurs., Oct. 29---B Day (Per. 4, 5, 0) and asynchronous/applied learning time.

Fri., Oct. 30--- No School. Professional Development.

### **Canvas:**

For Students: <https://www.4j.lane.edu/instruction/canvas/>

Once logged in, students may access their synchronous class through the Zoom link in the blue vertical menu in their course within Canvas.

For Parents: <https://4j.instructure.com/login/canvas>

Parents have the ability to become an **Observer** in a Canvas course and see coursework planned for students and their student's grades (above link). Observers can find additional information about navigating Canvas by clicking on this [Canvas Observer Guide](#).

**Grading and Student Progress:** It is important for families to know that StudentVUE/ParentVUE are still available for student schedule and attendance information.

Also, on Progress Report Grading Day (Oct. 23) and on Trimester 1 Grading Day (Dec. 11), teachers will input the letter grade from Canvas into StudentVUE/ParentVUE for official reports at those two times of the term.

However, families should not anticipate using StudentVUE/ParentVUE for information on students' grades between reporting periods unless the teacher has indicated that they are using Synergy as well as Canvas. In fact, please be aware that StudentVUE/ParentVUE may *not* be synched to Canvas for many classes and may not provide an accurate picture of students' progress. In short, parents should plan to access students' grades through Canvas for the most accurate picture of students' progress during the trimester.

**Drop-off and Pick-up of school items:** In most weeks throughout Trimester 1, SEHS staff are available from 1pm-2pm at the east side of the building by the auditorium. Students or parents/guardians will be able to pick up textbooks and materials for specific classes during this time, as well as laptops, yearbooks, new student enrollment packets, free and reduced lunch applications, and Eugene library card applications.

### **OPEN AGAIN - FREE TREATMENT PROGRAM FOR TEEN DRUG USE**

Adolescent and Family Services (AFS) is once again accepting new clients for enrollment in our no cost community resource for families dealing with teen drug use. We are following all COVID-19 safety precautions to keep everyone safe, and therapy sessions are currently being provided virtually via Telehealth. AFS, a clinic at the Oregon Social Learning Center, is providing an evidence-based drug and alcohol treatment for teens ages 12-18. With a grant from the National Institute on Drug Abuse, this treatment is provided at no cost to families as part of a research study. This family-based, outpatient counseling may be delivered in English or Spanish, and focuses on helping parents and youth learn new skills to deal with drug and alcohol problems. For more info see <https://www.odclinic.org/afs/> or contact Jenene Peterson at [afs@oslc.org](mailto:afs@oslc.org) or 458-215-9505.

### **OPHELIA'S PLACE WOMEN'S ADVISORY COUNCIL FOR YOUTH (WACY)**

WACY is a volunteer group for girls 14-18 committed to leadership, empowerment, and equality for all people. We support the mission of OP through awareness raising, advocacy, and fundraising activities! Youth-led and directed, join us to make a difference, make friends, and get volunteer experience. It's also a great chance to practice leadership, learn new skills, and understand what it means to work on projects as part of an organization. WACY is currently recruiting for the 2020-2021 school year. Facilitated by OP staff and interns every Wednesday from 4-5 p.m. through Zoom!

To join WACY or learn more about this program, visit our website at [HERE](#), call 541-284-4333, or email [info@opheliasplace.net](mailto:info@opheliasplace.net).

### **PARENT INVOLVEMENT**

**Parent Council:** All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings, which typically are held the first Monday of

the month at 6:00pm. Interested parents can contact Jen Doerr at [brad.jend@gmail.com](mailto:brad.jend@gmail.com) for meeting details.

**Site Council:** South Eugene's Site Council meets monthly. In 2020-2021 we will be meeting the third Tuesday of each month from 4:00-5:00, starting Tuesday, Oct. 20, and accessible via this [link](#). Site Council consists of teachers, classified staff, student representatives, administrator, and parent representatives. Meetings are virtual this fall and open to the public, and interpretation can be made available. If you are interested in attending, please reach out to Carey Killen at [killen\\_c@4j.lane.edu](mailto:killen_c@4j.lane.edu).

**Friends of South:** Send an email to [dan.ambrose@ambro.com](mailto:dan.ambrose@ambro.com) to join or go to [Friends of South website](#) to learn more. Friends of South is a great non-profit point of connection for SEHS alumni and community members interested in supporting South Eugene.

## **NUTRITION SERVICES**

New Sites have been established for 2020-2021 and are up and running.  
<http://www.4j.lane.edu/nutrition/>

Eugene School District 4J is offering free meals 7 days a week for all 4J students and youth 18 years old and younger. Meals are available to grab-and-go from [10 sites](#) across the district, from 10:45 a.m.–2 p.m. each [school day](#). [Daily meal menus](#) are available online. Extra meals for the weekend are provided on Fridays.

The district also offers [home delivery of meals](#) to children who don't live near a meal pickup location or need assistance accessing meals.

To request delivery to your home within the Eugene School District please complete the [request form](#) in [English](#) or [Spanish](#). Families who can't access the online form can call 541-790-7654. Requests made after October 5 are expected to be added to the daily delivery routes within 7–10 school days.

### **South Eugene Region**

- Roosevelt Middle School, 500 East 24th Avenue
- Spencer Butte Middle School, 500 East 43rd Avenue

## **CHILDCARE OPTIONS**

<https://www.4j.lane.edu/2020/10/4j-partners-to-offer-childcare/>

Eugene School District 4J is providing space and partnering with local childcare providers to offer families childcare options for their elementary school students. Childcare will be offered at the school sites at least until students return to in-person learning in a hybrid model, which will be January 5 at the earliest.

Please contact the providers to enroll in childcare or to ask about financial assistance. Per their agreement with 4J, these childcare providers must offer some scholarship opportunities.

**Program:** [Eugene Creative Care](#)

**Location:** Arts & Technology Academy, 1650 West 22nd Ave.

**Program:** [Eugene Family YMCA](#)

**Location:** Cal Young Middle School, 2555 Gilham Rd.

**Program:** [Eugene Family YMCA](#)

**Location:** Roosevelt Middle School, 500 East 24th Ave.

**Program:** [Treetop Academics](#)

**Location:** Roosevelt Middle School, 500 East 24th Ave.

### **[FREE LIBRARY CARD](#)**

Now all students in 4J schools can get a Eugene Public Library card for free—whether or not they live within the Eugene city limits.

Non-residents normally must pay an \$11 fee per month for a Eugene Public Library card. That fee is being waived for the several hundred 4J students who live outside the city limits, under a three-year pilot partnership of Eugene School District 4J, Eugene Public Library, and Eugene Public Library Foundation.

Families may apply for a library card for their student by mail, by phone, or in person. For more information please visit [this webpage](#).

### **[COUNSELING INFORMATION](#)**

**Attention Seniors!** We know many of you are working on your college applications right now, or will be soon. Please refer to our [Class of 2021 webpage](#) for instructions on how we're gathering and tracking what you need from us. On that page you will find the College Materials Request Form and Senior Interview Newsletter which leads you through the process.

Need individual help or have questions about the college application process?

SEHS counselor Michael Leahy will be available on the SEHS Counselor Chat from 9am-12pm and 2-4pm this Saturday, October 24th to answer any and all questions about the college application process. Simply click on the Chat Bubble located on the lower right corner of the [SEHS counseling page](#) to access app chat support.

**Live Chat with the Counselors:** Every Tuesday and Thursday from 1:30-3:00 counselors are online available for immediate assistance. The live chat bubble can be found on the Class of 2021 and [Counseling Department webpage](#).

**Advanced Placement (AP)** Information is now available on the SEHS website found [here](#).

Please take notice that we need students to utilize their AP Course *Join Codes* by November 10th, this is ultimately how the AP Coordinator orders the exam(s). Students will get these join codes from their AP teacher(s). Due to this year's unusual circumstances, the unused/canceled exam fee will not be applied this year. Register for your exam(s) by the November 10th deadline to keep your options open. You will pay or cancel your exam later. If you're hoping to

take an exam for a course that you're currently not taking, please see the *Self-Study* instructions on the SEHS AP webpage.

### **SCHOOL TO CAREERS**

Junior and Senior Students, do you have a job after school? If you work 10 hours or more each week, you can earn elective credit. Please contact Kathy Ruggles at [ruggles\\_k@4j.lane.edu](mailto:ruggles_k@4j.lane.edu) for more information.

Did you take a College Now class last spring? Please check your MyLane account to verify that you registered and received your LCC credit. Email Kathy Ruggles if you have questions or need help with your L#.

### **CAREER CENTER CHECK IN**

**Lori Sauter, SEHS Career Center Coordinator:** Welcome to the Career Center Check In! I invite you to contact me with any questions that aren't answered in the e-news or on our website. That includes questions about applying to college, filling out the FAFSA, deciding about the SATs and ACTs during Covid, and any other college or career prep questions that plague you.

- [sauter\\_l@4j.lane.edu](mailto:sauter_l@4j.lane.edu)
- 541-790-8052
- Happy to arrange a Zoom conversation with you, as well

### **College and Program Virtual Visits:**

South students have tons of opportunities to explore colleges virtually this fall. Here are just a few of them. Check out South's [\*College/Program Visits and Fairs\*](#) page for more.

- UC Santa Cruz (10/23@1:30-2 pm, [virtual visit link](#))
- Southwestern U (10/23@2-2:30 pm, [virtual visit link](#))
- Cal State-Chico (10/26@1-1:30 pm, <https://csuchico.zoom.us/j/81667210848?pwd=M1IUOEEyaDdTVUI4YmNUYmR6bFJQdz09>)
- Boston U (10/26@1:30-2 pm, [https://bostonu.zoom.us/meeting/register/tJMtfuqqgjorHdELf3p\\_kvGRI-kg5eW04V0Z](https://bostonu.zoom.us/meeting/register/tJMtfuqqgjorHdELf3p_kvGRI-kg5eW04V0Z))
- George Fox U (10/26@2-2:30 pm, <https://georgefox.zoom.us/j/92127994736>)
- The New School (10/26@2:30-3 pm, <https://NewSchool.zoom.us/meeting/register/tJYqceupqTsqHNaQFR1wXxvnxH4BzENzaZh>)
- CU Boulder (10/26@3-3:30 pm, <https://cuboulder.zoom.us/j/91060891001>)
- Arizona State U-Tempe (10/27@1-1:30 pm, <https://asu.zoom.us/j/93943773914>)
- Berklee College of Music (10/27@1:30-2 pm, <https://berklee.zoom.us/j/95301188321>)
- OSU Cascades (10/27@2-2:30 pm, [virtual visit link](#))
- Montana State U (10/27@2:30-3 pm, <https://zoom.us/j/95855440551>)
- Northern Arizona U (10/27@3-3:30 pm, <https://nau.zoom.us/j/94465545759?pwd=eE8vdHRGM2lyQWhlWS9qdC9meENlQT09>)
- U of New Haven (10/29@1-1:30 pm, <https://unewhaven.zoom.us/j/95739061201>)
- Warner-Pacific U (10/29@1:30-2 pm, <https://warnerpacific-edu.zoom.us/j/89333846554>)
- Kenyon College (10/29@2-2:30 pm, <https://kenyon-edu.zoom.us/j/98182113657>)
- Georgetown U (10/29@2:30-3 pm, <https://georgetown.zoom.us/meeting/register/tJltd-mqqTMOg9FbcS-Pybh8wcHiA5xUEg2>)

- U of Utah (10/29@3-3:30 pm, <https://futureu.admissions.utah.edu/register/southeugene-hsv-10-29>)

## Scholarships:

- **Upcoming South-Supported Scholarships (due dates in parentheses):** [Horatio Alger Distinguished Americans \(10/25\)](#); [WTS Portland Shelley Holly Transportation YOU Scholarship \(10/30\)](#); [Evans Scholarship for Caddies \(10/30\)](#); [Jack Kent Cooke College Scholarship Program \(10/30\)](#); [National Action Council for Minorities in Engineering \(10/30\)](#); [Coca-Cola Scholars Foundation Scholarships \(10/31\)](#); [National Security Agency: Stokes Educational Scholarship Program \(10/31\)](#); [Voice of Democracy - Local Sponsor VFW Post 293 \(10/31\)](#); [Stamps Leadership Scholar University of Oregon \(11/1\)](#); [National Security Language Initiative for Youth \(NSLI-Y\) \(11/5\)](#).

- **This Week's Featured Scholarships:**

The [Stamps Leadership Scholar University of Oregon](#) awards five renewable awards of \$125,000 over 4 years for full tuition, room, board, and more to outstanding Oregon students applying to the UO. Selection based on leadership, perseverance, scholarship, service, and innovation. Minimum 3.85 GPA. Automatic admission to Clark Honors College. No test scores for fall 2021 applicants. Application for UO admission due 11/1. Application for scholarship due 11/15. Requires transcript and four short-answer essay questions.

The [National Security Language Initiative for Youth \(NSLI-Y\)](#) offers over 660 merit-based scholarships for U.S. citizen high-school students between the ages of 15-18 to study a language in the summer or academic year. Recipients receive intensive language learning via classes, cultural activities, and living overseas with a host family. Programs offered in Arabic, Chinese (Mandarin), Hindi, Indonesian, Korean, Persian (Tajiki), Russian, or Turkish. NSLI-Y is a program of the U.S Dept. of State's Bureau of Educational and Cultural Affairs. Covers travel, tuition, food, secondary medical insurance, and a modest stipend. Requires transcript, teacher recommendation, and parent statement. Minimum 2.5 GPA. Apply by 11/5.

- [Oregon and Northwest Scholarship List](#)
- [Full Tuition Scholarships at Oregon Colleges](#). A full scholarship covers tuition and fees, often for more than one year, and may cover other college costs like housing and books. Although many of these scholarships are very competitive, Portland State University, Western Oregon University, and University of Oregon have programs open to all Pell-eligible Oregonians with a minimum GPA.
- [Latinx, Hispanic & Immigrant Scholarship List](#)
- [Aid for high-achieving juniors & seniors with financial need](#)
- Check out our [Scholarships](#) web page for more information. And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

[College Application and Essay Assistance](#) from Pacific University admissions counselors (no need to apply to Pacific U to get help). Called PacU Pop-Ups, these assistance sessions take place every day of the week all fall.



**The UO's SAIL Program** guides high-school students and their families in their pursuit of college and career preparation. [Here](#) are some of the free, virtual programs they're offering this year. Strongly recommended!

**College and Scholarship Essay Assistance** from the UO's SAIL Program. Students seeking feedback with college and/or scholarship essays may register for "office hours" on Wednesdays from 2-4 pm with UO faculty and SAIL staff. Students will need to submit essays on Monday, prior to their assigned Wednesday office-hour time slot.

**More College and Scholarship Essay Assistance.** South students are invited to contact Lori Sauter in the career center ([sauter\\_l@4j.lane.edu](mailto:sauter_l@4j.lane.edu)) to arrange for help with their essays, as well!

**Career and Job Prep.** Check out [Elevate's fall calendar](#). It's chock full of free virtual industry tours, virtual job shadows, job-skill webinars, and more. Questions? Email Elevate at [info@connectedlanecounty.org](mailto:info@connectedlanecounty.org) for more information.

**Seniors!** It is now time to submit your [FAFSA](#) and [ORSAA](#). These are critical financial-aid applications, and seniors should fill out one or the other if they're hoping for *any* financial aid from *any* source. Students who are U.S. citizens, permanent residents, or eligible non-citizens with social security numbers should fill out the FAFSA, regardless of their parents' status. Eligible DACA-mented and undocumented students should fill out the ORSAA, instead. Details here: [What Students Need: FAFSA/ORSAA](#) (also in [Spanish](#)). And here: [How to Apply for FAFSA 2020-2021](#)

### [How To Complete FAFSA If Your Parents Do Not Have a Social Security Number](#)

[Researching Whether a College is at Risk of Closing](#) blog post by financial-aid journalist Lynn O'Shaughnessy

**10/26/20: Elevate Lane County's [Manufacturing Mondays Live Tours](#).** Join each Monday in October from 10-11am for a live-streamed inside look at four of Lane County's leading manufacturers. Students can ask questions in real time and hear from potential employers about all the diverse jobs available to them in one of Lane County's largest industries. Check out their promo video [here](#). Register [here](#).

**10/28-12/16: [UO faculty presentations](#).** Every Wednesday from 11:45-12:45, faculty from across the university will volunteer their time for one-hour presentations highlighting their fields of study. Sessions will be streamed live on YouTube.

**10/28/20: Due date to register for **Youth Financial Foundations**,** a course that walks juniors and seniors through personal-finance topics they will face when they live on their own including beginning money management, building credit, opening Roth IRAs, and doing taxes. The program is a four part series and also includes one-on-one financial goal coaching (if desired). Offered November 2, 4, 5, and 6 from 3:30-5:30 pm as a live Zoom class. [Register here for \\$75](#). If payment is a barrier to participation, please contact your counselor for a scholarship.

**10/30/20: Due date to apply for the [2020-21 Western Aerospace Scholars \(WAS\) Junior Program](#).** This **free** program consists of two components: an online distance-learning course

that takes place between November 1, 2020 and early March, 2021 and a summer experience, both specifically designed for high-school juniors interested in science, technology, engineering and math (STEM) fields through the exploration of space and space travel. If students successfully complete the online course, they are invited to participate in the six-day summer experience. The [WAS application](#) is available now.

**11/5/20: (Virtual!) FAFSA Completion Workshop**, 7 pm via Zoom meeting. Answers to your questions and personal assistance in completing the Free Application for Federal Student Aid (FAFSA). RSVP strongly requested in order to adequately staff this Zoom session. Email Lori Sauter (sauter\_l@4j.lane.edu) to confirm that you plan to attend. More details coming soon.

**11/8/20: NACAC Virtual College Fair**, 11 am-7 pm PST. More than 600 colleges and universities will offer live and interactive Zoom sessions and more. Sign up at [virtualcollegefairs.org](https://virtualcollegefairs.org). Find out what to expect [here](#).

**11/15/20: National Portfolio Day**. Free virtual event for Oregon students from 9 am-1 pm. Event offers students the opportunity to visit reps from national and international art and design schools and receive critiques of their work.

**College in the Time of Covid**. This is an hour and a half webinar recording from Lynn O'Shaughnessy (college financial-aid advisor). "The pandemic has upended the college admission process in countless ways. In my eye-opening presentation, I will share how you can take advantage of the changes now and in the years to come."

**5 Ways the Covid-19 Pandemic Could Affect Your College Application**. Article by Whitney Soule, Senior Vice President and Dean of Admissions & Student Aid at Bowdoin College

**Heading to LCC in fall 2021?** Sign up for **RTEC 101**, a *FREE*, 1-credit, online course offered by LCC to help students become familiar with the school's resources, financial-aid process, and academic pathways. This is a great confidence booster! What do you need to do?

- Turn in an [under 18 form](#) (if applicable) to Brenda Williams (RTEC 101 faculty member, [williamsb@lanecc.edu](mailto:williamsb@lanecc.edu), 541-463-3443).
- Have a [college now application](#) on file.
- [Reserve your spot for the class online form](#). Registration before the first day is required. Brenda will register you if requested.

**Guide to International University Admission**. Intended for guidance counselors but also a useful first step for students considering attending university or taking a gap year abroad. Features country profiles and admission how-tos for Australia, Canada, Finland, France, Germany, Ireland, Israel, Italy, Japan, The Netherlands, New Zealand, South Korea, Spain, United Kingdom, and the United States. [Download the free PDF](#) or read it in its [digital version](#).

### Manage your subscription to South eNews:

To OPT OUT send a blank e-mail to [sehs-unsubscribe@npogroups.org](mailto:sehs-unsubscribe@npogroups.org).

To SIGN UP send a blank e-mail to [sehs-subscribe@npogroups.org](mailto:sehs-subscribe@npogroups.org).



To CHANGE your email address, first unsubscribe from your old account (using your old address) as per OPT OUT instructions above, then use your new email account to send a blank message to [sehs-subscribe@npogroups.org](mailto:sehs-subscribe@npogroups.org).

In each case, you should receive a confirmation message from NPOGroups to which you simply reply back to complete your un/subscribing. If you are having problems with this, feel free to email me at [hadley\\_j@4j.lane.edu](mailto:hadley_j@4j.lane.edu). In addition, this change is for the eNews list only. If you wish the SEHS office to make this change in their records, please call the office at 541-790-8000.

**View previous editions of eNEWS at** <https://npogroups.org/lists/arc/sehs>

South eNEWS is a service of the SEHS Parent Council in cooperation with South Eugene High School. With the exception of the first several editions published in Fall 2019 through the South main office, the eNews each year is produced by a volunteer on privately owned equipment. It is not a vehicle for personal opinions.