



SOUTH EUGENE HIGH SCHOOL

eNews

10-16-20

Dear Parents and Friends of South Eugene High School, Here is the latest eNews.

Best,

Jeff Cook (Parent Council Volunteer)

Links to SEHS resources: [Main website](#), [Full calendar](#), [Athletics calendar](#).

FALL 2020

The Week of Oct. 19-23 students will have FOUR days of school as follows:

Mon., Oct. 19---A Day (Per. 1, 2, 3) and asynchronous/applied learning time.

Tues., Oct. 20---B Day (Per. 4, 5, 0) and asynchronous/applied learning time.

Wed., Oct. 21--- A Day (Per. 1, 2, 3) and asynchronous/applied learning time.

Thurs., Oct. 22---B Day (Per. 4, 5, 0) and asynchronous/applied learning time.

Fri., Oct. 23--- No School. Progress Reports/ Professional Development.

Students can log in to [Canvas](#) and access their synchronous class through the Zoom link in the blue vertical menu in their course within Canvas.

Grading and Student Progress: Parents have the ability to become an **Observer** in a Canvas course and to see coursework planned for students and their student's grades. Instructions for becoming an Observer are available at <https://www.4j.lane.edu/instruction/canvas/>. Observers can find additional information about navigating Canvas by clicking on this [Canvas Observer Guide](#).

It is important for families to know that StudentVUE/ParentVUE are still available for student schedule and attendance information. Also, on Progress Report Grading Day (Oct. 23) and on Trimester 1 Grading Day (Dec. 11), teachers will input the letter grade

from Canvas into StudentVUE/ParentVUE for official reports at those two times of the term.

However, families should not anticipate using StudentVUE/ParentVUE for information on students' grades between reporting periods unless the teacher has indicated that they are using Synergy as well as Canvas. In fact, please be aware that StudentVUE/ParentVUE may *not* be synched to Canvas for many classes and may not provide an accurate picture of students' progress. In short, parents should plan to access students' grades through Canvas for the most accurate picture of students' progress during the trimester.

Drop-off and Pick-up of school items: In most weeks throughout Trimester 1, SEHS staff are available from 1pm-2pm at the east side of the building by the auditorium. Students or parents/guardians will be able to pick up textbooks and materials for specific classes during this time, as well as laptops, yearbooks, new student enrollment packets, free and reduced lunch applications, and Eugene library card applications.

Ophelia's Place Women's Advisory Council for Youth (WACY) – Recruitment

WACY is a volunteer group for girls 14-18 committed to leadership, empowerment, and equality for all people. We support the mission of OP through awareness raising, advocacy, and fundraising activities! Youth-led and directed, join us to make a difference, make friends, and get volunteer experience. It's also a great chance to practice leadership, learn new skills, and understand what it means to work on projects as part of an organization. Currently recruiting for the 2020-2021 school year. Facilitated by OP staff and interns every Wednesday from 4-5 p.m. through Zoom!

To join WACY or learn more about this program, visit our website at <http://opheliasplace.net/programs-and-services/wacy/>, call 541-284-4333, or email info@opheliasplace.net.

Juniors and Seniors and your parents: An important event is coming your way!

10/20/20: [SEHS \(Virtual!\) Financial Aid Night Q&A](#), 7 pm via Zoom webinar. First, watch this 30-minute video, [Understanding Financial Aid](#), by UO financial-aid counselor, Nick Dikas. Then watch for a Zoom Webinar invitation to be emailed to juniors, seniors, and their parents for the live Q&A session on 10/20.

PARENT INVOLVEMENT

Parent Council: All parents are automatically considered to be part of South's Parent Council and are welcome to attend Parent Council meetings, which typically are held the first Monday of the month at 6:00pm. Interested parents can contact Jen Doerr at brad.jend@gmail.com for meeting details.

Site Council: South Eugene's Site Council meets monthly. In 2020-2021 we will be meeting the third Tuesday of each month at 4:00-5:00. Site Council consists of teachers, classified staff, student representatives, administrator, and parent representatives. Meetings are virtual this fall and open to the public, and interpretation can be made available. If you are interested in attending, please reach out to Carey Killen at killen_c@4j.lane.edu

Friends of South

Send an email to dan.ambrose@ambro.com to join or go to <https://www.friendsofsouth.com> to learn more any time. Friends of South is a great non-profit point of connection for SEHS alumni and community members interested in supporting South Eugene.

NUTRITION SERVICES

New Sites have been established for 2020-2021 and are up and running.
<http://www.4j.lane.edu/nutrition/>

Eugene School District 4J is offering free meals 7 days a week for all 4J students and youth 18 years old and younger. Meals are available to grab-and-go from [10 sites](#) across the district, from 10:45 a.m.–2 p.m. each [school day](#). [Daily meal menus](#) are available online. Extra meals for the weekend are provided on Fridays.

Starting in October, the district also will offer [home delivery of meals](#) to children who don't live near a meal pickup location or need assistance accessing meals.

Families who aren't able to pick up school meals and want to request delivery to their home within the Eugene School District may complete the [request form](#) in [English](#) or [Spanish](#). Families who can't access the online form can call 541-790-7654.

Requests that are received and verified before October 5 will receive meal deliveries starting October 12. Requests made after October 5 are expected to be added to the daily delivery routes within 7–10 school days.

The free meals are available to all 4J students and youth 18 years old and younger, and families can choose the location that is most convenient for them, regardless of where they live or attend school. There are no income requirements and no application necessary. Children do not need to be present when picking up meals.

Churchill Region

- Arts & Technology Academy, 1650 W. 22nd Ave.
- McCornack Elementary, 1968 Brittany St.

North Eugene Region

- Howard Elementary School, 700 Howard Ave.
- River Road/El Camino del Río Elementary School, 120 West Hilliard Lane
- Madison Middle School, 875 Wilkes Drive

Sheldon Region

- Cal Young Middle School, 2555 Gilham Road
- Holt Elementary School, 770 Calvin St.

South Eugene Region

- Roosevelt Middle School, 500 East 24th Avenue
- Spencer Butte Middle School, 500 East 43rd Avenue

Downtown

- ECCO, 200 N. Monroe St. (behind the district office)

CAREER CENTER CHECK IN

Lori Sauter, SEHS Career Center Coordinator: Welcome to the Career Center Check In! I invite you to contact me with any questions that aren't answered in the e-news or on our website. That includes questions about applying to college, filling out the FAFSA, deciding about the SATs and ACTs during Covid, and any other college or career prep questions that plague you.

- sauter_l@4j.lane.edu
- 541-790-8052
- Happy to arrange a Zoom conversation with you, as well

College and Program Virtual Visits:

South students have tons of opportunities to explore colleges virtually this fall. Here are just a few of them. Check out South's [*College/Program Visits and Fairs*](#) page for more.

- Hawaii Pacific U (10/16@1-1:30 pm, <https://hpu-edu.zoom.us/j/89445815221?pwd=NXNIQlFwMFhvK3BuSDgwaE9rVmdTZz09>)
- Vassar College (10/16@1:30-2 pm, <https://vassar.zoom.us/j/96807576647>)
- U of Chicago (10/16@2-2:30 pm, <https://uchicago.zoom.us/j/98693565766?pwd=bzZVeVVMt1c2Q2tCNnAzU2N4V2hKdz09>)
- Westminster College (10/16@2:30-3 pm, <https://zoom.us/j/94991971113>)
- Whitman College (10/16@3-3:30 pm, <https://whitman.zoom.us/j/94170195235>)
- Oregon Tech (OIT) (10/19@1-1:30 pm, <https://oregontechonline.zoom.us/j/99200222440>)
- UC Davis 10/19@1:30-2 pm, <https://ua.ucdavis.edu/register/?id=dd96e10f-127c-4c08-b0e7-18ded72b6909>)
- UMass Amherst 10/19@2-2:30 pm, [virtual visit link](#))

- Colgate U (10/19@2:30-3 pm, <https://colgate.zoom.us/j/92652477117>)
- Embry-Riddle Aeronautical University-Prescott (10/19@3-3:30 pm, <https://erau.zoom.us/my/erauamypham>)
- UCSB (10/20@1-1:30 pm, <https://ucsb.zoom.us/j/93197012065?pwd=eGNaSjJjamMyUHhvbWRvMG56SnRzd09>)
- Beloit College (10/20@1:30-2 pm, <https://beloit.zoom.us/j/93796336112>)
- Eastern Oregon U (10/20@2:30-3 pm, <https://eou.zoom.us/j/94716308469>)
- Simmons University (10/22@1-1:30 pm, <https://simmons.zoom.us/j/93571920614>)
- New Mexico Highlands U (10/22@1:30-2 pm, <https://nmhu.zoom.us/j/5054298888>)
- Harvey Mudd (10/22@2-2:30 pm, <https://hmc-edu.zoom.us/j/5103316905>)
- Northwestern U (10/22@2:30-3 pm, <https://northwestern.zoom.us/j/94809849155?pwd=ZmhHTjhwekx1VldrNDRuS2JobXRJUT09>)
- U of Puget Sound (10/22@3-3:30 pm, <https://us02web.zoom.us/j/81423727451>)
- UC Santa Cruz (10/23@1:30-2 pm, [virtual visit link](#))
- Southwestern U (10/23@2-2:30 pm, [virtual visit link](#))

Scholarships:

- Upcoming South-Supported Scholarships (due dates in parentheses): [Horatio Alger Distinguished Americans](#) (10/25); [WTS Portland Shelley Holly Transportation YOU Scholarship](#) (10/30); [Evans Scholarship for Caddies](#) (10/30); [Jack Kent Cooke College Scholarship Program](#) (10/30); [National Action Council for Minorities in Engineering](#) (10/30); [Coca-Cola Scholars Foundation Scholarships](#) (10/31); [National Security Agency: Stokes Educational Scholarship Program](#) (10/31); [Voice of Democracy - Local Sponsor VFW Post 293](#) (10/31); [Stamps Leadership Scholar University of Oregon](#) (11/1); [National Security Language Initiative for Youth \(NSLI-Y\)](#) (11/5).
- **This Week's Featured Scholarship:** The local VFW Post 293 is sponsoring the [Voice of Democracy](#) contest awarding cash prizes to Eugene area students for an essay and 3- to 5-minute audio recording of the essay responding to the prompt, "Is This the Country the Founders Envisioned?" Local award winners advance to district, state, and national competitions for awards up to \$30,000. Submit application to VFW Post 293, 1626 Willamette St., Eugene, OR 97401. Apply by 10/31.
- [Oregon and Northwest Scholarship List](#)
- [Full Tuition Scholarships at Oregon Colleges](#). A full scholarship covers tuition and fees, often for more than one year, and may cover other college costs like housing and books. Although many of these scholarships are very competitive, Portland State University, Western Oregon University, and University of Oregon have programs open to all Pell-eligible Oregonians with a minimum GPA.
- [Latinx, Hispanic & Immigrant Scholarship List](#)
- [Aid for high-achieving juniors & seniors with financial need](#)
- Check out our [Scholarships](#) web page for more information. And please give at least two weeks' notice (preferably four weeks!) for requesting any letters of recommendation.

The UO's SAIL Program guides high-school students and their families in their pursuit of college and career preparation. [Here](#) are some of the free, virtual programs they're offering this year. Strongly recommended!

College and Scholarship Essay Assistance from the UO's SAIL Program. Students seeking feedback with college and/or scholarship essays may register for "office hours" on Wednesdays from 2-4 pm with UO faculty and SAIL staff. Students will need to submit essays on Monday, prior to their assigned Wednesday office-hour time slot.

More College and Scholarship Essay Assistance. South students are invited to contact Lori Sauter in the career center (sauter_l@4j.lane.edu) to arrange for help with their essays, as well!

Career and Job Prep. Check out [Elevate's fall calendar](#). It's chock full of free virtual industry tours, virtual job shadows, job-skill webinars, and more. Questions? Email Elevate at info@connectedlanecounty.org for more information.

Seniors! It is now time to submit your [FAFSA](#) and [ORSAA](#). These are critical financial-aid applications, and seniors should fill out one or the other if they're hoping for *any* financial aid from *any* source. Students who are U.S. citizens, permanent residents, or eligible non-citizens with social security numbers should fill out the FAFSA, regardless of their parents' status. Eligible DACA-mented and undocumented students should fill out the ORSAA, instead. Details here: [What Students Need: FAFSA/ORSAA](#) (also in [Spanish](#)). And here: [How to Apply for FAFSA 2020-2021](#)

How To Complete FAFSA If Your Parents Do Not Have a Social Security Number

Researching Whether a College is at Risk of Closing blog post by financial-aid journalist Lynn O'Shaughnessy

10/18/20: NACAC Virtual College Fair, 9 am-5 pm PST. More than 600 colleges and universities will offer live and interactive Zoom sessions and more. Sign up at virtualcollegefairs.org. Find out what to expect [here](#).

10/19/20: Elevate Lane County's [Manufacturing Mondays Live Tours](#). Join each Monday in October from 10-11am for a live-streamed inside look at four of Lane County's leading manufacturers. Students can ask questions in real time and hear from potential employers about all the diverse jobs available to them in one of Lane County's largest industries. Check out their promo video [here](#). Register [here](#).

10/20/20: [SEHS \(Virtual!\) Financial Aid Night Q&A](#), 7 pm via Zoom webinar. First, watch this 30-minute video, [Understanding Financial Aid](#), by UO financial-aid counselor, Nick Dikas. Then watch for a Zoom Webinar invitation to be emailed to juniors, seniors, and their parents for the live Q&A session on 10/20.

10/21-12/16: [UO faculty presentations](#). Every Wednesday from 11:45-12:45, faculty from across the university will volunteer their time for one-hour presentations highlighting their fields of study. Sessions will be streamed live on YouTube.

10/21/20: [Paying for College Workshop](#) at 6 pm or [view the recording](#). The ECMC Group will be covering the Free Application for Federal Student Aid (FAFSA), the Oregon Student Aid Application (ORSAA) and how to search for additional free money to pay for college.

10/30/20: Due date to apply for the [2020-21 Western Aerospace Scholars \(WAS\) Junior Program](#). This **free** program consists of two components: an online distance-learning course that takes place between November 1, 2020 and early March, 2021 and a summer experience, both specifically designed for high-school juniors interested in science, technology, engineering and math (STEM) fields through the exploration of space and space travel. If students successfully complete the online course, they are invited to participate in the six-day summer experience. The [WAS application](#) is available now.

11/5/20: (Virtual!) FAFSA Completion Workshop, 7 pm via Zoom meeting. Answers to your questions and personal assistance in completing the Free Application for Federal Student Aid (FAFSA). RSVP strongly requested in order to adequately staff this Zoom session. Email Lori Sauter (sauter_l@4j.lane.edu) to confirm that you plan to attend. More details coming soon.

11/8/20: NACAC Virtual College Fair, 11 am-7 pm PST. More than 600 colleges and universities will offer live and interactive Zoom sessions and more. Sign up at virtualcollegefairs.org. Find out what to expect [here](#).

11/15/20: National Portfolio Day. Free virtual event for Oregon students from 9 am-1 pm. Event offers students the opportunity to visit reps from national and international art and design schools and receive critiques of their work.

[College in the Time of Covid](#). This is an hour and a half webinar recording from Lynn O'Shaughnessy (college financial-aid advisor). "The pandemic has upended the college admission process in countless ways. In my eye-opening presentation, I will share how you can take advantage of the changes now and in the years to come."

[5 Ways the Covid-19 Pandemic Could Affect Your College Application](#). Article by Whitney Soule, Senior Vice President and Dean of Admissions & Student Aid at Bowdoin College

Heading to LCC in fall 2021? Sign up for [RTEC 101](#), a *FREE*, 1-credit, online course offered by LCC to help students become familiar with the school's resources, financial-aid process, and academic pathways. This is a great confidence booster! What do you need to do?

- Turn in an [under 18 form](#) (if applicable) to Brenda Williams (RTEC 101 faculty member, williamsb@lanecc.edu, 541-463-3443).
- Have a [college now application](#) on file.

- [Reserve your spot for the class online form](#). Registration before the first day is required. Brenda will register you if requested.

[Guide to International University Admission](#). Intended for guidance counselors but also a useful first step for students considering attending university or taking a gap year abroad. Features country profiles and admission how-tos for Australia, Canada, Finland, France, Germany, Ireland, Israel, Italy, Japan, The Netherlands, New Zealand, South Korea, Spain, United Kingdom, and the United States. [Download the free PDF](#) or read it in its [digital version](#).

SCHOOL TO CAREERS

Junior and Senior Students, do you have a job after school? If you work 10 hours or more, you can earn elective credit. Please contact Kathy Ruggles at ruggles_k@4j.lane.edu for more information.

Did you take a College Now class last spring? Please check your MyLane account to verify that you registered and received your LCC credit. Email Kathy Ruggles if you have questions or need help with your L#.

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View previous editions of eNEWS at <https://npogroups.org/lists/arc/sehs>

South eNEWS is a service of the SEHS Parent Council in cooperation with South Eugene High School. With the exception of the first several editions published in Fall 2019 through the South main office, the eNews each year is produced by a volunteer on privately owned equipment. It is not a vehicle for personal opinions.