

CAM Reflection Essay

Overview

Employers or college admissions officers may be interested in additional achievements, strengths, or skills you have related to your CAM area.

Step 1: A reflection essay is required for all CAM students in order to complete the program and receive a certificate. Your essay should include the following areas.

- A range of skills learned as defined by CAM major
- evidence and summary of your CAM body of work
- summary of internship or community based experience(s)
- personal and skill growth
- highlights from the last two years
- future plans and goals

Step 2: Your reflection essay should be typed or word processed and should be at least one page and no longer than two pages